Handout 1.4: Stressors questionnaire

What are the main stressors for the headteacher?

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What are the main stressors for the SLT?

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What are the main stressors for teaching staff?

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What are the main stressors for teaching support staff?

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What are the main stressors for operations support staff?

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What is the working environment in our school?

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What is the working environment in our staff room?

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What is the working environment in our classrooms?

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What has changed in recent years (positive and negative)?

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What measures are already in place to reduce stress?

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