

 #oePCU

# Practical Strategies for Safeguarding in Education

Proactive and informative ways to resolve  
safeguarding challenges in schools and trusts

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Expert speakers include:

**Siobhan Collingwood**

Headteacher, Morecambe Bay Primary School

**Clare Erasmus**

Head of Mental Wellbeing, Brighton Hill Community School

**Joan Ryan**

MP for Enfield North

**Ella Savell-Boss**

Safeguarding Manager, Shireland Collegiate Academy

## KEY BENEFITS

### MENTAL HEALTH

Ensure staff are  
well-trained

### DSL WELLBEING

Solutions for  
managing workload

### COUNTY LINES

Proactive measures  
and advice

## Mental health problems affect about 1 in 10 children and young people (MQ Mental Health, 2018).

Pressures on local services and lack of resources available for school staff to help students, is leading to increased strain on DSLs.

This conflates with new and emerging safeguarding challenges and risks schools being less prepared to protect their students from potential dangers outlined in the KCSIE.

This conference provides a practical agenda to help DSLs ensure that their school or trust are able to safeguard students and staff effectively, while delivering high-quality education.

### Why should I attend this event?

- **Mental health:** ensure a whole-school mental health audit.
- **DSL wellbeing:** maintain a healthy work-life balance.
- **County lines:** understand risks to vulnerable students.
- **SEND:** include SEND students in your safeguarding agenda.
- **Gender identity:** create an open and safe space.

### Who should attend?

- Deputy/Assistant Heads
- Headteachers
- Safeguarding Leads
- Safeguarding Boards
- Wellbeing Leaders
- School Nurses
- Counsellors
- Therapists
- PSHE Teachers
- Trustees
- House Leaders
- Sports Coaches

*“Engaging and thought-provoking— it will enable me to develop a school practice considerably”*

ASSISTANT HEADTEACHER,  
PARKSTONE GRAMMAR SCHOOL

*“The event was engaging and had lots of practical examples to take back to school to ensure effective practice”*

ASSISTANT HEADTEACHER,  
HARTLEY PRIMARY SCHOOL

*“Brilliant, interesting and very formative”*

FAMILY SUPPORT WORKER,  
SELLY PARK TECHNOLOGY COLLEGE FOR GIRLS

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From non-curricular awards, timely and informative conferences, packaged and bespoke consultancy, to in-house training and membership, Optimus is your one-stop-shop for your school or academy.

**Head to [oego.co/PCU19](http://oego.co/PCU19) to find out more.**

## SPEAKERS



### Clare Erasmus

**Head of School Mental Wellbeing,  
Brighton Hill Community School**

In 2015 Clare embarked on a whole-school mental health and wellbeing programme which amongst many things involved the students creating their very own bespoke mental health and wellbeing app called My TeenMind. Recently, together with Deputy Head Chris Edwards, Clare also helped organise and host the UK's first Youth Mental Health & Wellbeing Teachmeet. She has also recently been announced as the runner up for the 2015/16 Community Champion Award. The Community Education Awards recognised Clare for making an outstanding contribution to helping children become positive community members.



### Denise Kriens

**Head of HR, The Rodillian Multi-Academy Trust**

Denise was appointed as the Director of HR with the Rodillian Academy in 2013, and when the Multi-Academy Trust was formed she joined the Central Team to lead HR across the Trust. She is also lead on Safeguarding within the organisation. Denise is a trained Designated Lead Child Protection Officer, a certified trainer for Safer Recruitment, and a member of the national organisation CAPE (Child Protection in Education). Denise aims to ensure that as the RMAT expands it becomes a lead employer, in which employees feel valued and inspired to be a part of. She is also committed to ensuring that human resources across the Trust provide the best outcomes for children and young people.



### Joan Ryan

**MP for Enfield North**

Joan has served as the Member of Parliament (MP) for Enfield North since 2015, having previously represented the constituency from 1997–2010. Joan studied sociology and worked as a teacher in London before being elected as a councillor on Barnet London Borough Council in 1990. She served as deputy leader of the council from 1994–1998. She was a government whip under Tony Blair from 2002–2006, a junior Home Office minister from 2006–2007, and the Prime Minister's Special Representative to Cyprus from 2007–2008.



### Tony Siggers

**Director of StraTac Logical Limited**

Tony Siggers was the Head of Drugs Threat for the National Crime Agency. He is the lead author of the National Drugs Strategic Action Plan and Coordinates the National Threat Group. He managed collaborative working with the Home Office, NPCC and other partners in the UK and overseas. Tony was also the NCA portfolio lead for 'County Lines' (Gangs) and was senior manager of the transition of the NCA's response to a significant foreign national offender project, into the pilot use of an Intelligence Operations Room (IOR); hosting the multi-agency intensification of a national campaign.



### Ella Savell-Boss

**Safeguarding Manager, Shireland Collegiate Academy**

For the past 14 years, Ella's work at Shireland Collegiate Academy has involved direct work with children and families, particularly in relation to safeguarding issues. Increasingly, Ella has been delivering direct and essential training for staff at over 30 schools, including governors and other organisations. Ella offers a consultancy package of safeguarding support, best practice and quality assurance, and is also commissioned to deliver in-house training.



### Suzanne Skeete

**Director, Tappy Twins and Teenline Founder of  
Courageous Kids Awards**

Known for her infectious enthusiasm, energy and ability to help others to be exactly whom and what they want to be. Through Tappy Twins, over the years, Suzanne has worked with a huge range of clients, from entrepreneurs to primary school children. Now she dedicates all of her time, with her team, working within schools and colleges; whilst tirelessly developing Tappy Twins to ensure that the young people that need support nationally get just that.



### Pam Stallard

**Head of Modern Foreign Languages, Longhill High School**

Pam Stallard is currently Head of MFL at Longhill High School in Brighton. In July 2018, she led a series of assemblies on LGBT+, appropriate language and homophobic bullying, which led to several press appearances and a debate on Good Morning Britain about whether teachers should be 'out' to their students. Pam now leads an LGBT, inclusion group at her school which focuses on fundraising, socialising and discussion of LGBT+ news. In the future she hopes to conduct research into the experience of LGBT+ students in schools and colleges today.

09:00 – 09:45 Registration and refreshments

09:45 – 10:00  
**Chair's Introduction**      **Chair's Introduction & Welcome**

10:00 – 10:40  
**Staff Training**      **Lead effective mental health training for all staff:** implement effective mental health training that ensures knowledge of how to provide immediate support for students in need  
*Clare Erasmus, Head of School Mental Wellbeing, Brighton Hill Community School*

10:40 – 11:10  
**County Lines Part 1**      Hear from MP Joan Ryan about the important work she is doing related to county lines in her constituency as the first part of our sessions on county lines  
*Joan Ryan, Member of Parliament for Enfield North*

11:10 – 11:20 Questions

11:20 – 11:50 Morning refreshments

## 11:50 – 12:40 Streamed Sessions 1

**1A: County Lines Part 2**  
New, proven and adaptable methods to ensure students do not get caught in county lines or other gang or drug-related violence  
*Tony Siggers, Director, StraTac Logical Limited*

**1B: Self-Harm**  
Identify the different ways students might be self-harming and understand how to approach the subject and provide support  
*Suzanne Skeete TAMT, Director, Tappy Twins*

**1C: Online Safety**  
Keep up with students' ever-changing online habits and encourage responsible social media use

**1D: Triggers**  
Know how to identify the triggers to a students challenging behaviour, and learn how to build positive triggers  
*Emma Parker, Teacher, ATL Section District Secretary & Executive Member*

12:40 – 13:40 Lunch

13:40 – 14:05  
**Mental health**      **Taking down stigmas and creating an open forum:** Break down the barriers and remove the social masks that prevent students from talking about mental health and encourage them to talk freely

14:05 – 14:45  
**DSL Wellbeing**      Hear from two DSLs who share their top tips for managing the increasing workload and pressure to maintain a healthy work-life balance  
*Siobhan Collingwood, Headteacher, Morecambe Bay Primary School*  
*Ella Savell-Boss, Safeguarding Manager, Shireland Collegiate Academy*

## 14:45 – 15:35 Streamed Sessions 2

**2A: Peer-on-Peer Abuse**  
Understand the many variations to peer-on-peer abuse and how to support students to form healthy and respectful relationships with their peers  
*Andrew Lord, Solicitor, Leigh Day*

**2B: Allegations**  
Understand how to handle allegations against staff effectively and the correct procedures to follow  
*Denise Kriens, Head of HR, The Rodillian Multi-Academy Trust*

**2C: CSE**  
Prevent the exploitation of your students through innovative measures that tackle the subject head on and increase the security of your students  
*Jan Webb, Principal Lecturer and Professional Lead, Child Health & Welfare University of Greenwich*

**2D: Anxiety**  
Establish the causes of anxiety in schools and create preventative measures and coping techniques  
*Joanna Feast, Associate Consultant, Jigsaw PSHE*

15:35 – 16:00 Afternoon refreshments

## 16:00 – 16:40 Streamed Sessions 3

**3A: ACEs**  
Viewing children through an ACE lens and providing trauma informed care  
*Siobhan Collingwood, Headteacher, Morecambe Bay Primary School*

**3B: Gender Identity and LGBTQ+**  
Create a school environment which is safe and supportive for LGBTQ+ students, and how to tackle the ever-changing terminology of sexuality and gender identity  
*Pam Stallard, Head of Modern Foreign Languages, Longhill Secondary School*

**3C: SEND**  
Address the potential hurdles to safeguarding SEND students and understand the latest guidance on physical intervention and restriction of liberty  
*Emma Parker, Teacher, ATL Section District Secretary & Executive Member*

**3D: Parents**  
Develop efficient communication methods to build positive relationships with parents and ensure consistent safeguarding messages  
*Ella Savell-Boss, Safeguarding Manager, Shireland Collegiate Academy*

16:40 Conference close

## Easy Ways to Register

1. Book online and receive instant confirmation: [oego.co/PCU19](http://oego.co/PCU19)
  2. Email: [conference.bookings@optimus-education.com](mailto:conference.bookings@optimus-education.com)
  3. Questions: call us on 0845 450 6404
- Please see [oego.co/TandCs](http://oego.co/TandCs) for our subscriptions, cancellations and refunds policy

## Pricing

Prices	Book before 06/01/19	Book after 06/01/19
Primary	£269 + VAT	£299 + VAT
Secondary	£349 + VAT	£379 + VAT
LAs	£399 + VAT	£429 + VAT
Others	£429 + VAT	£459 + VAT
Premium Plus	Included in your Premium Plus membership fee	

If you do not fit into one of the above categories, please contact us on 0845 450 6404 or email [oe.conferences@optimus-education.com](mailto:oe.conferences@optimus-education.com)

# 4 steps to delivering practical strategies for safeguarding in education

1

**Before**  
the day

Create your account at [oego.co/PCU19Resources](http://oego.co/PCU19Resources) and gain access to pre-event reading and resources

PLUS

- Gain access to our guide on when staff can use reasonable force
- Take away our summary of how online disinhibition affects your pupils' behaviour
- Gain access to our advice on identifying and responding to child sexual exploitation

2

**During**  
the day

Have your questions answered by our experts and workshop leaders, while also having the opportunity to network with fellow DSLs

PLUS

- Discuss challenges with peers and build up a network of support
- Select targeted workshops to suit your specific needs

3

**After**  
the day

Log in at [oego.co/PCU19Resources](http://oego.co/PCU19Resources) and access post-event resources

PLUS

- Download the speaker presentation and share these with colleagues
- Read our step-by-step guide to clarify your procedure for investigating allegations

4

**Share**  
across your school

Use our training course on how to manage self-harm\*

\*Access to download and deliver training modules for Premium Plus members only. Get in touch to find out more about the benefits of becoming an Optimus Education Premium Plus member.