

# Independent Schools' Wellbeing

Ensure staff and student wellbeing throughout your school community and culture

Digitally delivered across three modules

11 May 2021 | 14:00 – 16:15 BST

18 May 2021 | 14:00 – 16:15 BST

25 May 2021 | 14:00 – 16:15 BST

Expert speakers include:

**Belinda Heaven**

Alpha Wellbeing Associates Ltd

**Professor Neil Humphrey**

Sarah Fielden Chair: Psychology of Education, University of Manchester

**Julie Johnson**

Psychotherapist, Mindfulness Educator and Author, Pathways

**Hope Virgo**

Author and Mental Health Consultant



**EMBED WELLBEING**

Ensure wellbeing is at the heart of your community and culture

**PRACTICAL STRATEGIES**

Gain key tools to support students at challenging times

**EMPOWER STUDENTS**

Equip students to develop resilience and manage change

## BOOK TODAY

[oego.co/IndependentSchoolsWellbeing2021](https://oego.co/IndependentSchoolsWellbeing2021)



*'Inspiring and informative – I learnt lots of new techniques to help my students'*

*'It has been a challenging year and this has been so helpful with supporting our staff'*

PREVIOUS DIGITAL DELEGATES

School type	Price
Primary	£199 + VAT
Secondary	£279 + VAT
LA	£329 + VAT
Other	£359 + VAT
Premium Plus Member	This event may be part of your subscription. For further details contact your account manager.

**Book online at [oego.co/IndependentSchoolsWellbeing2021](https://oego.co/IndependentSchoolsWellbeing2021)**  
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