

# Secondary teachers: make the most of Optimus Education CPD

If you're a teacher in a secondary school, use this plan as a starting point for incorporating Optimus Education into your professional development.

## Improve key skills

Develop confidence in the fundamental areas of teaching practice through units in the [Teacher Development Programme](#)



## Pick up stretch strategies

Try out easy-access strategies for promoting higher level thinking: [stretch and challenge activities for a lesson](#)



## Get more insight into SEND

Gain a deeper understanding of special educational needs through selecting units in the [SEND Inclusive Teaching Programme](#)



## Get analytical with data

Read about [drilling into your data effectively](#) for key data analysis principles. Use the [exam results analysis tool](#) to inform your teaching.



## Dive into differentiation

Use tried and tested strategies for differentiation in your classroom from the [Differentiation in Practice](#) training course.



## Learn about learning

Dispel brain myths with [neuroscience and education: what can we learn?](#) Find out more about [working memory](#) and [understanding why we forget](#).



## Don't re-invent the wheel

Use resources such as the [mastery lesson plan](#) and [getting every day right checklist](#) to support your planning.



## Reduce marking time

Try out [key techniques for time saving marking](#); read how [collaborative feedback](#) can save teacher time while improving standards.



## Watch a webinar

Choose from 40 [teaching and learning webinars](#) on topics such as time-saving teaching, study skills, questioning and action research.



## Keep your students safe

Safeguarding is everyone's responsibility. Know what to look for and what to do with the [Safeguarding Whole-School Programme](#)

