

Primary teachers: make the most of Optimus Education CPD

If you're a teacher in a primary school, use this plan as a starting point for incorporating Optimus Education into your professional development.

Improve key skills

Develop confidence in the fundamental areas of teaching practice through units in the [Teacher Development Programme](#)



Master mastery

Search 'mastery' for resources such as a [guide to mastery in primary maths](#) and [example questions](#) to assess understanding.



Get more insight into SEND

Gain a deeper understanding of special educational needs through selecting units in the [SEND Inclusive Teaching Programme](#)



Use challenging texts

Find out about access strategies for challenging texts in [from quality text to quality writing](#) and [supporting the transition from KS2 to KS3](#).



Save time

For ways to reduce workload and plan effectively, see [optimal planning in the early years](#) and [how to manage workload and expectations](#).



Learn about learning

Dispel myths with [neuroscience and education: what can we learn?](#) Find out about [how the mind works](#) and [developing working memory](#).



Explore the EY framework

The [EYFS bitesize training series](#) covers 17 aspects of the EY framework. Use the 30 minute sessions to evaluate and develop practice.



Learn from others

Read case studies on topics such as [differentiating behaviour management](#), [using video in CPD](#) and [deploying TAs](#).



Watch a webinar

Choose from 40 [teaching and learning webinars](#) on topics such as time-saving teaching, study skills, questioning and action research.



Keep your pupils safe

Safeguarding is everyone's responsibility. Know what to look for and what to do with the [Safeguarding Whole-School Programme](#)



For more resources, case studies, webinars, training courses, checklists and templates, head to the website. Use the search button to find what you need, or contact us for expert help.

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