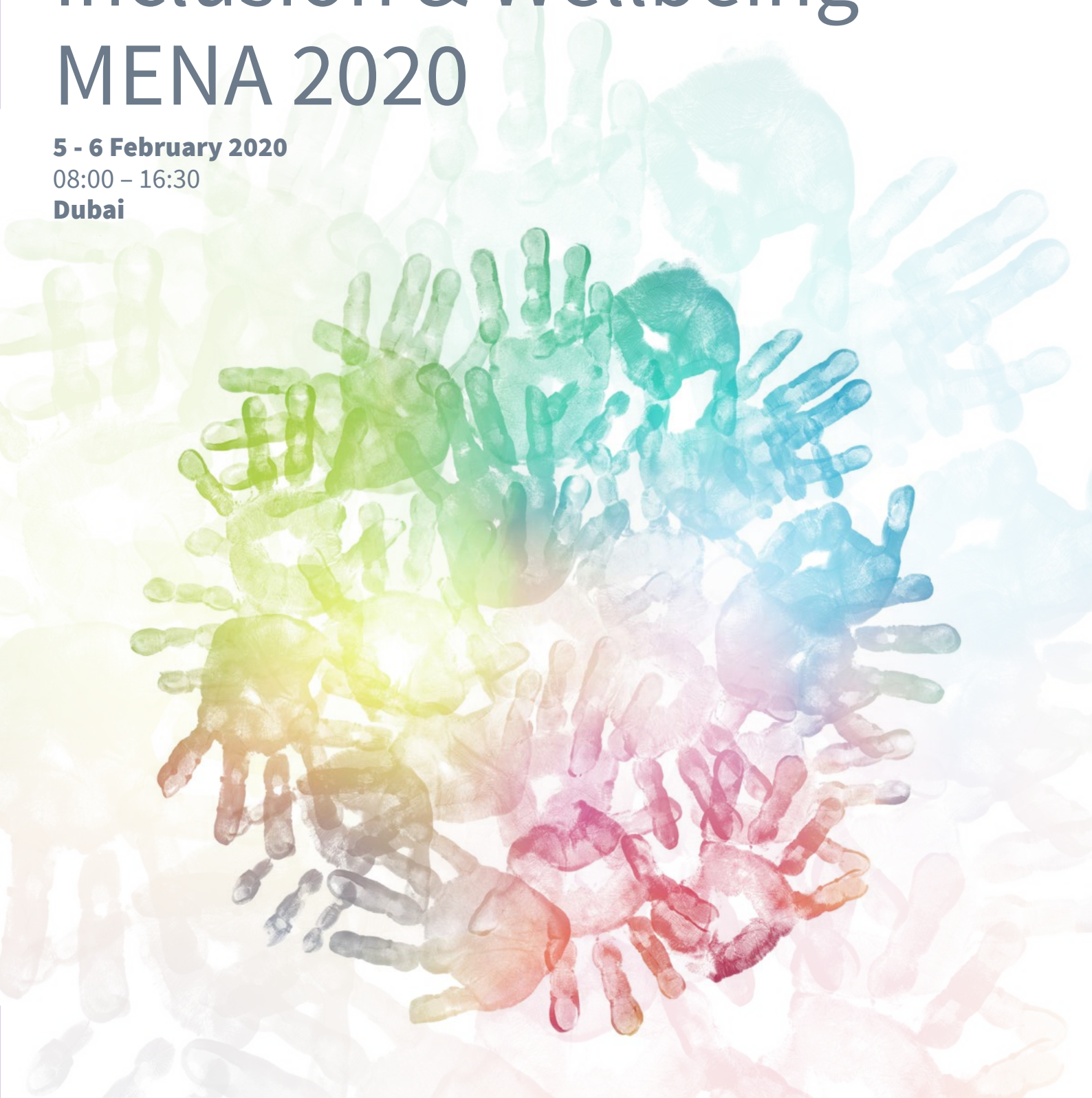


# Inclusion & Wellbeing MENA 2020

**5 - 6 February 2020**

08:00 – 16:30

**Dubai**



KNOWLEDGE PARTNER:

**DUBAI**  
المعرفة Knowledge

Developing a whole-school approach to inclusion and wellbeing is essential to ensure that all staff take responsibility for students of determination and know how to support them in their classrooms.

Back for a second year, **Inclusion & Wellbeing MENA 2020** is the only event where you not only access high-quality content from leading experts on the day, but also take away a wealth of practical strategies and ideas to take back to school and use straight away.

**What last year's delegates thought:**

**'Really good, strong links between different sessions. It will have a real impact on my children and staff. Excellent!'**

DEIRA PRIVATE ACHOOL, PRINCIPAL

**'Inspiring talks, great organisation and definitely coming back!'**

GEMS AL BARSHA NATIONAL SCHOOLS FOR BOYS,  
INCLUSION LEADER



*Official Knowledge Partner  
of the Inclusion & Wellbeing  
- MENA 2020 conference.*

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**Prepare students  
of determination  
to transition into  
adulthood**

**Inspire your  
staff to become  
ambassadors**

**Collaborate  
and work in  
partnership with  
parents**

**Develop a whole-  
school approach  
to inclusion**

**Empower  
yourself to drive  
happiness and  
wellbeing**

**Chair's Introduction and Welcome** *Reem Al Fahim, Chief Executive Officer, SEDRA*

**Meeting the vision and expectations for inclusion in our schools – what's next?**

**Developing a whole-school approach to inclusion: how to change mindsets and ensure all staff take responsibility for children with SEND**

*Lorraine Peterson OBE, Educational Consultant*

**What are the life skills we need to develop to ensure we prepare students of determination to transition into adulthood?**

*Ayukta Thakur, Founder, Integreat Center*

**Working in partnership with parents: what parents want inclusive schools to look, feel and sound like**

*April McCabe, Autism Mom Dubai*

**Staff CPD**

How to empower all staff to be teachers of SEND: what CPD opportunities can you provide and how to ensure all leaders take responsibility for monitoring provision  
*Natalie Packer, SEND Consultant*

**Tracking Progress**

Learn how to appropriately use IEPs to set targets and accurately measure and evidence small steps of progress for students with SEND  
*Catherine O'Farrell, Group Head of Inclusion, Athena Education*

**Dysgraphia, Dyscalculia and Dyspraxia**

Practical ways and proven accommodations to support students with specific learning difficulties in the classroom  
*Dr Ruba Tabari, Clinical Director and Educational Psychologist, The Developing Child Centre*

**Reflections from young people of determination – what works in schools?**

**ASDAN**

Learn how to embed ASDAN into your curriculum and develop alternative pathways for your students with SEND  
*Karen Hudspith, International Development Manager, ASDAN*

**Learning Support Assistants**

Know how to recruit, train and effectively deploy LSAs in your school to ensure they encourage independence and support progress  
*Wendy Harris, Senior Leader – Inclusion, GEMS Wellington International School*

**Sensory Needs**

Take away a toolkit of ideas to support students with sensory integration needs and processing difficulties in the classroom  
*Nadia Herb, Head of Occupational Therapy, KidsFIRST Medical Centre*

**Head of Inclusion Masterclass**

- Defining your inclusion strategy and monitoring provision
- Developing your leadership skills and managing up
- Identifying UK and worldwide best practice
- What next after Outstanding?

*Lorraine Peterson OBE, Educational Consultant and Rachel Smith-Green, Director of Inclusion, Arbor School*

**Parents**

Practical ways to effectively engage with parents, approach challenging conversations and be sensitive to cultural differences  
*Emma Dibden, Head of Inclusion, JESS and Parent Representative*

**Behaviour**

Understand the functions of behaviour and how to ensure needs are met in the classroom and across the whole school  
*Robert Phillips BCaBA, Communication and Lifeskills Pathway Leader, Kings' Schools*

**Empowering schools to drive the happiness and wellbeing of the whole-school community**

*Dr Abdulla Al Karam, Chairman of the Board of Directors and Director General of the Knowledge and Human Development Authority (KHDA)*

**How to ensure your whole school uses appropriate language to create home and school environments that support emotional wellbeing**

*Natasha Devon MBE, Speaker and Campaigner*

**Why the wellbeing of your whole school must start with your staff: seven strategies to promote staff wellbeing in your school**

*Dr Khaled Kadry, Clinical Director and Consultant Child and Adolescent Psychiatrist, Maudsley Health*

**Staff Wellbeing**

Effective methods to help staff achieve a work-life balance and ensure they look after their own mental health

**Social Media**

Understand how to talk to students about social media, how it doesn't reflect reality and empower young people to keep themselves safe

*Natasha Devon MBE, Speaker and Campaigner*

**Eating Disorders and Self-Harm**

Learn how to support your students struggling with an eating disorder and take away effective strategies to prevent escalation of self-harming behaviours

*Dr Khaled Kadry, Clinical Director and Consultant Child and Adolescent Psychiatrist, Maudsley Health*

**Overcoming stigma and transforming how we promote wellbeing and support mental health in schools**

*Nina Jackson, Speaker, Author and Educational Consultant*

**Anxiety – Secondary**

Proven techniques to help students with anxiety build resilience and manage the high expectations from school, parents and peers

*Nina Jackson, Speaker, Author and Educational Consultant*

**Parents**

Learn how to talk to families about mental health, be sensitive to cultural differences and ensure support is provided at home as well as school

*Razmin Shah, Psychologist, KidsFIRST Medical Centre*

**Character Strengths - Primary**

New methods to help embed character strengths across the primary curriculum and support a growth mindset

*Nisha Henry, Wellbeing Leader, Kings' School Dubai*

**Anxiety - Primary**

Practical strategies to use in your classrooms to help young children manage anxiety, worry and stress

*Victoria McKeown, Head of Inclusion, Regents International School*

**Self-Esteem**

Simple methods to boost children's self-esteem and self-image amongst children and young people

**Depression**

Utilising positive psychology to provide coping mechanisms for your students with depression or low mood

**Free workshops for teachers and LSA's will be announced in the new year**

This year's speakers include...



**Natasha Devon MBE**  
Speaker and Campaigner



**Karen Hudspith**  
International Development Manager,  
ASDAN



**Robert Phillips BCaBA**  
Communication and Lifeskills  
Pathway Leader, Kings' Schools



**Emma Dibden**  
Head of Inclusion, JESS



**Nina Jackson**  
Speaker, Author and Educational  
Consultant



**Dr. Daniela Salazar**  
Clinical Psychologist, The Lighthouse  
Centre for Wellbeing



**Reem Al Fahim**  
Chief Executive Officer, SEDRA



**Dr. Khaled Kadry**  
Clinical Director and Consultant  
Child and Adolescent Psychiatrist,  
Maudsley Health



**Razmin Shah**  
Psychologist, KidsFIRST Medical  
Centre



**Dr. Catherine Frogley**  
Clinical Psychologist, The Lighthouse  
Centre for Wellbeing



**Dr. Abdulla Al Karam**  
Chairman of the Board of Directors  
and Director General of the  
Knowledge and Human Development  
Authority (KHDA)



**Rachel Smith-Green**  
Director of Inclusion, Arbor School



**Ashley Green**  
Wellbeing Coordinator, JESS



**Victoria McKeown**  
Head of Inclusion, Regents  
International School



**Dr. Ruba Tabari**  
Clinical Director and Educational  
Psychologist, The Developing Child  
Centre



**Wendy Harris**  
Senior Leader – Inclusion, GEMS  
Wellington International School



**Catherine O'Farrell**  
Group Head of Inclusion, Athena  
Education



**Ayukta Thakur**  
Founder, Integreat Center



**Nisha Henry**  
Wellbeing Leader, Kings' School  
Dubai



**Natalie Packer**  
SEND Consultant



**Nadia Herb**  
Head of Occupational Therapy,  
KidsFIRST Medical Centre



**Lorraine Peterson OBE**  
Educational Consultant

**Last year's  
event received  
a 98%  
satisfaction  
rate**

**Register today at: [oego.co/MENA-register](https://oego.co/MENA-register)**

# Inclusion & Wellbeing MENA 2020

**BOOK TODAY**  
[oego.co/MENA2020](https://oego.co/MENA2020)



“Overall a very  
informative and  
productive day  
NLCS Dubai”

## Prices

Day 1, 1 delegate	£260 + VAT
Day 1, 2 delegates from the same organisation	£500 + VAT
Day 2, 1 delegate	£260 + VAT
Day 2, 2 delegates from the same organisation	£500 + VAT
Both Days, 1 delegate	£430 + VAT
Both Days, 2 delegates from the same organisation	£840 + VAT
Premium Plus Member	You could attend this event for free as part of your Premium Plus package. For further information please contact your Account Manager.

For discounted rates for group booking, please contact us on **+44(0)20 8315 1506**  
or email [oe.conferences@optimus-education.com](mailto:oe.conferences@optimus-education.com)

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