

Inclusion & Wellbeing

MENA 2022

Lead and develop your whole-school culture of inclusion and wellbeing to equip both students and staff to grow and flourish

17 May – 18 May 2022 | Dubai



KNOWLEDGE PARTNER:

المعرفة
Knowledge

‘When we look after our wellbeing and the wellbeing of others, we can weather any storm’

DR ABDULLA AL KARAM, DIRECTOR GENERAL, KNOWLEDGE & HUMAN DEVELOPMENT AUTHORITY (KHDA)

A whole-school culture of wellbeing and mental health is one of the key ingredients in supporting both students and staff to move forward from the challenge of the pandemic and flourish.

Optimus Education's 4th **Inclusion & Wellbeing MENA** conference returns to Dubai in February 2022. Reconnect, reflect, and network with other inclusion and wellbeing leaders.

Brought to you with our Knowledge Partner, the KHDA, day one focuses on inclusion and day two wellbeing.

Join the Inclusion day (17 May) to gain strategies to reduce barriers to learning and further your leadership of inclusive practice. Promote active inclusion of each student – physically, academically, socially, emotionally and culturally.

With three strands focusing on creating truly inclusive classrooms, excellence in inclusive leadership and management, and strategies and interventions, there's plenty of choice.

Our Wellbeing day (18 May) enables you to promote work-life balance and reduce risk of burnout. Equip your students with coping strategies to manage anxiety, stress, and anger. Monitor wellbeing and support everyone to thrive socially and emotionally while developing learning behaviour for life.

Our programme of free seminars for learning support assistants will be available to schools attending the conference. Boost your LSAs' skills and confidence with practical resources and strategies to support different needs in the classroom and encourage student independence.



*Official Knowledge
Partner of the Inclusion
& Wellbeing MENA 2022
conference*

BOOK TODAY

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+44 (0)20 8315 1506

**Lead the way in
inclusion and
equity**

**Reduce barriers
to learning and
ensure high-quality
teaching**

**Collaborate
with colleagues
and families for
inclusion**

**Equip both
students and staff
to thrive**

**Recognise and
support students
affected by mental
ill-health**

This year's speakers include...



Hind Al Mualla

Chief of Creativity, Happiness and Innovation,
Knowledge and Human Development Authority



Wendy Harris

Assistant Headteacher – Inclusion,
GEMS Wellington International School



Noora Alsaadi

Bilingual Inspector, Schools Inspection Bureau,
Knowledge and Human Development Authority



Anna Nowak

Head of ALN Secondary and EAL Teacher,
Compass International School Doha



Louise Dawson (Chair of Inclusion Day)

Education Consultant and Inclusion Specialist



Catherine O'Farrell

Education Consultant and Co-Founder of Incluzun



Dr Gilda Scarfe (Chair of Wellbeing Day)

Founder, Positive Ed



Sarah Oliver-Browning

Assistant Headteacher Student Support,
GEMS Cambridge International School, Abu Dhabi



Harmeet Dhillon

Co-Founder, Incluzun



Noha Shaaban

Educational Consultant and Inclusion Leader



Professor Eman Gaad

Dean of the Faculty of Education and Professor of Special
and Inclusive Education, British University Dubai



Nick Watson

Co-Founder, Team Angel Wolf



Ambika Gulati

Principal, The Millennium School



Dina Yassin

Special Educational Needs Co-ordinator,
Misr Language Schools, Giza, Egypt

Programme – Inclusion

Tuesday 17 May 2022

08:00 – 08:45	Registration	
08:45 – 09:00	Chair's welcome <i>Louise Dawson, Education Consultant and Inclusion Specialist</i>	
09:00 – 09:30	Inclusion leadership Take control to integrate inclusion and ensure the impact of whole-school strategic leadership <i>Professor Eman Gaad, Dean of the Faculty of Education and Professor of Special and Inclusive Education, British University in Dubai</i>	
09:30 – 10:00	Building your team Collaborate and communicate to equip your general teachers to recognise, adapt and modify, and be an integral part of IEP implementation <i>Noha Shabaan, Educational Consultant and Inclusive Education Expert, Adjunct Faculty Instructor, The American University of Cairo</i>	
10:00 – 10:30	Creating truly inclusive classrooms Panel input followed by sharing of strategies and interventions that have seen success in your setting	
10:30 – 10:50	Supporting students of determination through technology	
10:50 – 11:00	Questions and answers	
11:00 – 11:30	Morning refreshments, networking and exhibition	
11:30 – 12:20	Workshop choices	
	1A: Quality first teaching	1B: Building relationships
	Focus on high-quality inclusive provision by equipping every teacher with tools to address individual need and support progress <i>Wendy Harris, Assistant Headteacher – Inclusion, GEMS Wellington International School</i>	Deepen the systematic involvement of parents as active, collaborative partners to drive inclusive, child-centred provision
		1C: Spotlight on... Dyslexia
		Engage and empower your dyslexic students to thrive and excel <i>Professor Eman Gaad, Dean of the Faculty of Education and Professor of Special and Inclusive Education, British University in Dubai</i>
12:20 – 13:20	Lunch, networking and exhibition	
13:20 – 14:05	Tolerance and inclusivity Celebrate the value of different and how to work with families and stakeholders to build inclusive impactivity in your community <i>Nick Watson, Co-Founder, Team Angel Wolf</i>	
14:05 – 14:10	Questions and answers	
14:10 – 14:55	Workshop choices	
	2A: Barriers to learning	2B: Evidence and track provision
	Identify and lower barriers to learning and gain practical interventions to support students to overcome obstacles <i>Dina Yassin, SENCO and Certified Assessor, Misr Language Schools, Giza, Egypt</i>	Use data effectively to triangulate and rigorously match and track interventions so precise needs can be best met <i>Catherine O'Farrell, Consultant and Corporate Leader, and Harmeet Dhillon, Diversity and Inclusion Advocate Co-Founders, Incluzun</i>
		2C: Spotlight on... Autism
		Support autistic students and create learning experiences that meet their needs. Includes a specialist focus on recognising and supporting autistic girls
14:55 – 15:15	Afternoon refreshments, networking and exhibition	
15:15 – 16:00	Workshop choices	
	3A: Bilingual classrooms: EAL	3B: Ensure rigour and a rich legacy
	Develop your inclusion department and ensure differentiation between second language issues and SEN <i>Noha Shabaan, Educational Consultant and Inclusive Education Expert, Adjunct Faculty Instructor, The American University in Cairo</i>	Monitor and review provision across your whole school to ensure excellence in inclusion which outlives change <i>Louise Dawson, Education Consultant and Inclusion Specialist</i>
		3C: Spotlight on... ADHD
		Deepen your understanding of ADHD and build learning opportunities and environments where students with ADHD thrive
16:00 – 16:30	Improvement planning Ensure robust evaluation of the impact of your inclusion department and plan effective next steps <i>Louise Dawson, Education Consultant and Inclusion Specialist</i>	
16:30	Conference closes	

Programme – Wellbeing

Wednesday 18 May 2022

08:00 – 08:45 Registration

08:45 – 09:00 Chair's welcome
Dr Gilda Scarfe, CEO and Founder, Positive Ed Ltd.

09:00 – 09:30 **Weathering the storm**
Survey the landscape with key trends and policy updates that prioritise wellbeing
Hind Al Mualla, Chief of Creativity, Happiness and Innovation, KHDA

09:30 – 10:00 **Staff culture of wellbeing**
Build support networks that proactively model healthy worklife habits and recognise and react to signs of burnout and mental ill health among colleagues
Anna Nowak, Head of ALN Secondary and EAL Teacher, Compass International School Doha

10:00 – 10:30 **Ensure good mental health in, and beyond, the classroom**
Panel input followed by sharing of strategies and interventions that have seen success in your setting

10:30 – 10:40 **Questions and answers**

10:40 – 11:15 Morning refreshments, networking and exhibition

11:15 – 12:10 **Workshop choices**

1A: Strength-based resilience

Equip your students with skills to flourish in challenging circumstances, learn from their mistakes, and adopt a growth mindset
Dr Gilda Scarfe, CEO and Founder, Positive Ed Ltd.

1B: Building relationships

Reduce workload and gain life hacks for wellbeing to support a mentally healthy culture for your whole staff team

1C: Spotlight on... Adolescence

Support students to manage mood changes and self-regulate their behaviour and emotions

12:10 – 13:10 Lunch, networking and exhibition

13:10 – 13:40 **Wellbeing curriculum and culture**
Implement, monitor, and evaluate your wellbeing curriculum to suit your setting and underpin your culture

13:40 – 14:10 **Positive education and social emotional learning**
Provide positive education and social emotional learning to equip every student with the tools and strategies to thrive

14:10 – 14:20 **Questions and answers**

14:20 – 15:15 **Workshop choices**

2A: Mindfulness

Develop a culture and curriculum of mindfulness that equips every student with tools to recognise and regulate their emotions

2B: Personal growth

Look after your own wellbeing, professional, and personal development and identify areas for growth
Anna Nowak, Head of ALN Secondary and EAL Teacher, Compass International School Doha

2C: Spotlight on... Anxiety

Recognise indicators of anxiety and gain tools to equip students to manage challenging situations including exam stress and panic attacks
Dr Gilda Scarfe, CEO and Founder, Positive Ed Ltd.

15:15 – 15:40 Afternoon refreshments, networking and exhibition

15:40 – 16:30 **Workshop choices**

3A: Wellbeing curriculum

Evaluate the impact of your wellbeing curriculum and interventions and take a proactive approach to good mental health
Ambika Gulati, Principal, The Millennium School

3B: Recognise the signs

Gain tools to proactively identify mental ill health and handle crisis situations with confidence

3C: Spotlight on... Peer relationships

Empower your students to cultivate relationships based on trust, respect and kindness, and recognise and respond to bullying

16:30 **Conference closes**

*Please note programme is subject to change. See website for up-to-date version.

BOOK TODAY

oego.co/MENA22



'This event has given me a wealth of information, resources, and tips to make my job easier and efficient'

HEAD OF LEARNING SUPPORT, DOHA COLLEGE

'It was engaging and interactive with practical strategies for real problems'

INCLUSION SPECIALIST, AL-BAYAN BILINGUAL SCHOOL

Prices	Book before 19/11/21	Book after 19/11/21
17 May, Inclusion, one delegate	£210 ≈1045 AED	£260 ≈1305 AED
18 May, Wellbeing, one delegate	£215 ≈1070 AED	£265 ≈1330 AED
Both days, one delegate	£380 ≈1890 AED	£430 ≈2160 AED

For discounted rates for group booking, please contact us on **+44 (0)20 8315 1506** or email **oe.conferences@optimus-education.com**

A school may send two different members of staff to the Inclusion and Wellbeing events when purchasing the two-topic pass. However, they must be from the same school.