

Supporting Staff Wellbeing

25 March 2020

09:00 – 16:30

Renaissance Hotel, Manchester



Expert speakers include:

Malcolm Goddard

Wellbeing Award Adviser, former Headteacher and Local Authority Lead

Steve Waters

Founder of Teach Well Alliance

Dr Maureen Nash

Educational Consultant

Professor Jonathan Glazzard

Professor of Inclusive Education, Leeds Beckett University

Patrick Ottley O'Connor

Executive Principal, North Liverpool and Northern Schools Trust

PERFORMANCE

Rebalance staff achievement and wellbeing

RELATIONSHIPS

Create a healthy, non-judgemental workplace

TRAINING

Ensure wellbeing-led professional development

'72% of all educational professionals described themselves as stressed (84% of senior leaders)'
Teacher Wellbeing Index 2019

Education is increasingly becoming a high-stress career. The pressure to perform and meet the ever-changing needs of stakeholders has all too often resulted in staff striving to achieve at the considerable expense of their own wellbeing. This has led to burnout, an increase in staff absence and retention issues.

This one-day event will equip you with invaluable guidance and easy-to-implement strategies to create a whole-school culture that prioritises staff wellbeing, which is integral to ensuring effective teaching and support.



RETENTION:

gain simple, cost-effective strategies that address workload issues and mitigate factors leading to burnout

CHANGE MANAGEMENT:

ensure staff can manage internal and external changes effectively and sustainably

RELATIONSHIPS:

strengthen relationships between staff and SLT through effective communication, constructive feedback and empathetic organisation

TRAINING:

optimise your approach to embedding wellbeing within CPD and teacher training



BOOK TODAY
oego.co/Wellbeing20

Programme includes:

Chairs introduction and welcome

Malcolm Goddard, Wellbeing Award Adviser, former Headteacher and Local Authority Lead

Case-study led keynotes on creating a whole-school culture of wellbeing

Hear from both a primary and secondary school on how they have created a culture harnessing parental involvement which protects and benefits staff wellbeing

The relationship between workload and wellbeing

Jonathan Glazzard, Professor of Inclusive Education, Leeds Beckett University

Breakout Sessions

Support staff:

Learn to build support staff motivation, development and retention through communication and schemes that value their positive impact on children's educational outcomes

Planning and marking:

Explore the evidence between marking and assessment and implement tools and strategies which reduce teacher workload while having the highest impact on educational outcomes

Absence and retention:

Gain simple tools to minimise absence rates and increase retention

Change management and inspection:

How to manage change and prepare for inspections whilst keeping staff wellbeing central when faced with external pressures

Student behaviour:

Create a supportive and collaborative community which builds staff confidence in managing stressful behavioural issues

Digital wellbeing:

Optimise your staff's digital wellbeing to help address work-life balance, enabling healthy professional and personal relationships

Trainee teachers:

Understand and learn how to instil good wellbeing practice from the outset of a the teaching career and support recently-qualified teachers and their mentors

Mindfulness:

Equip staff with the tools to mindfully manage stressful and high-pressure situations with objectivity and resilience

Positive management and staff development:

Create a constructive, coaching culture where wellbeing is a central strand in appraisal and CPD

To see the full programme visit oego.co/Wellbeing-programme

Speakers include:



Malcolm Goddard (Chair)

Wellbeing Award Adviser,
former Headteacher and
Local Authority Lead



Professor Jonathan Glazzard

Professor of Inclusive Education,
Leeds Beckett University



Dr Maureen Nash

Educational Consultant



Patrick Ottley O'Connor

Executive Principal, North
Liverpool Academy and Northern
Schools Trust

To see the full list of speakers visit oego.co/Wellbeing-speakers

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oego.co/Wellbeing20



*Very good and impactful.
What I really liked was
how many practical tips/
activities we were given to
use within our workplaces.*

PROGRESS AND SAFEGUARDING MANAGER

Prices	Book before 31/01/20	Book after 31/01/20
Primary	£199 +VAT	£299 + VAT
Secondary	£279 +VAT	£379 + VAT
LA	£329 +VAT	£429 + VAT
Other	£359 +VAT	£459 + VAT
Premium Plus Member	Included in your Premium Plus membership fee	

Book online at: oego.co/Wellbeing20

If you do not fit into one of the above categories, please contact us on
020 8315 1506 or email oe.conferences@optimus-education.com