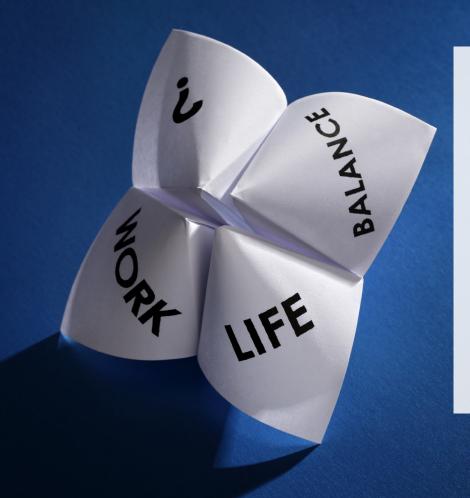


# Supporting Staff Wellbeing

**25 March 2020** 09:00 – 16:30 **Renaissance Hotel, Manchester** 



# Expert speakers include:

**Malcolm Goddard** Wellbeing Award Adviser, former Headteacher and Local Authority Lead

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**Steve Waters** Founder of Teach Well Alliance

**Dr Maureen Nash** Educational Consultant

**Professor Jonathan Glazzard** Professor of Inclusive Education, Leeds Beckett University

**Patrick Ottley O'Connor** Executive Principal, North Liverpool and Northern Schools Trust

PERFORMANCE

Rebalance staff achievement and wellbeing

RELATIONSHIPS

Create a healthy, non-judgemental workplace **TRAINING** Ensure wellbeing-led professional development



#### '72% of all educational professionals described themselves as stressed (84% of senior leaders)' Teacher Wellbeing Index 2019

Education is increasingly becoming a high-stress career. The pressure to perform and meet the ever-changing needs of stakeholders has all too often resulted in staff striving to achieve at the considerable expense of their own wellbeing. This has led to burnout, an increase in staff absence and retention issues.

This one-day event will equip you with invaluable guidance and easy-to-implement strategies to create a whole-school culture that prioritises staff wellbeing, which is integral to ensuring effective teaching and support.



## **RETENTION:**

gain simple, cost-effective strategies that address workload issues and mitigate factors leading to burnout

# **CHANGE MANAGEMENT:**

ensure staff can manage internal and external changes effectively and sustainably

# **RELATIONSHIPS:**

strengthen relationships between staff and SLT through effective communication, constructive feedback and empathetic organisation

## **TRAINING:**

optimise your approach to embedding wellbeing within CPD and teacher training



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# **Programme includes:**

#### **Chairs introduction and welcome**

Malcolm Goddard, Wellbeing Award Adviser, former Headteacher and Local Authority Lead

#### Case-study led keynotes on creating a whole-school culture of wellbeing

Hear from both a primary and secondary school on how they have created a culture harnessing parental involvement which protects and benefits staff wellbeing

#### The relationship between workload and wellbeing

Jonathan Glazzard, Professor of Inclusive Education, Leeds Beckett University

#### **Breakout Sessions**

<b>Support staff:</b> Learn to build support staff motivation, development and retention through communication and schemes that value their positive impact on children's educational outcomes	<b>Planning and marking:</b> Explore the evidence between marking and assessment and implement tools and strategies which reduce teacher workload while having the highest impact on educational outcomes	<b>Absence and retention:</b> Gain simple tools to minimise absence rates and increase retention
Change management and inspection: How to manage change and prepare for inspections whilst keeping staff wellbeing central when faced with external pressures	<b>Student behaviour:</b> Create a supportive and collaborative community which builds staff confidence in managing stressful behavioural issues	<b>Digital wellbeing:</b> Optimise your staff's digital wellbeing to help address work- life balance, enabling healthy professional and personal relationships
<b>Trainee teachers:</b> Understand and learn how to instil good wellbeing practice from the outlet of a the teaching career and support recently-qualified teachers and their mentors	<b>Mindfulness:</b> Equip staff with the tools to mindfully manage stressful and high- pressure situations with objectivity and resilience	<b>Positive management and staff development:</b> Create a constructive, coaching culture where wellbeing is a central strand in appraisal and CPD

#### To see the full programme visit **oego.co/Wellbeing-programme**

## **Speakers include:**



**Malcolm Goddard** (Chair) Wellbeing Award Adviser, former Headteacher and Local Authority Lead

**Dr Maureen Nash** Educational Consultant



#### **Professor Jonathan Glazzard**

Professor of Inclusive Education, Leeds Beckett University

#### **Patrick Ottley O'Connor** Executive Principal, North Liverpool Academy and Northern Schools Trust

To see the full list of speakers visit oego.co/Wellbeing-speakers

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Very good and impactful. What I really liked was how many practical tips/ activities we were given to use within our workplaces.

PROGRESS AND SAFEGUARDING MANAGER

Prices	Book before 31/01/20	Book after 31/01/20
Primary	£199 +VAT	£299 + VAT
Secondary	£279 +VAT	£379 + VAT
LA	£329 +VAT	£429 + VAT
Other	£359 +VAT	£459 + VAT
Premium Plus Member	Included in your Premium Plus membership fee	

# Book online at: oego.co/Wellbeing20

If you do not fit into one of the above categories, please contact us on **020 8315 1506** or email **oe.conferences@optimus-education.com**