



 #oeRSE

# Delivering Statutory Relationships and Sex Education

Ensure your whole-school community is engaged in the teaching and learning of statutory RSE

[oego.co/RSE2019](https://oego.co/RSE2019)

**Receive a £100 discount**

on any other delegate that you bring along from the same school

Expert speakers include:

**Sophie Allen**

Headteacher, Stonebridge Primary School

**Sidonie Bertrand-Shelton**

Head of Education Programmes, Stonewall

**Alice Hoyle**

Relationships and Sex Education Expert, DO...

**Roary Pownall HMI**

National Lead for PSHE and Citizenship, Ofsted

## KEY BENEFITS

### PARENTAL ENGAGEMENT

Engage parents to support RSE

### TEACHER CONFIDENCE

Build confidence in teaching RSE

### LGBTQ+

Ensure school-wide LGBTQ+ equality

Supported by:

**NSPCC**

# Delivering Statutory Relationships and Sex Education

*'These subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others,' wellbeing and attainment.'*

DEPARTMENT OF EDUCATION, FEBRUARY 2019

**From 2020 sex, relationships and health education will be mandatory for all secondary schools. While the latter two topics will have to be included in all primary school curriculums. By teaching a well-rounded RSE curriculum in your school, you will be supporting the positive and healthy development of your students.**

Regardless of your school's age-range or faith, this conference's agenda will allow you to effectively incorporate RSE into your curriculum, that overall supports learning and benefits the whole-school community.

## Why attend this event in 2019?

- **Parental engagement:** outside-the-box ideas to ensure your parents and carers at your school are engaged and supportive of the teaching of RSE in your school.
- **Teacher confidence:** prepare and support hesitant staff on how to deliver lessons and speak confidently about sensitive issues.
- **Curriculum:** curriculum design and planning sessions that regardless of school age-range or faith, does not encroach on your beliefs.

## Who should attend?

- Heads of PSHE
- Deputy Headteachers
- Headteachers
- School Nurses
- Counsellors

## Access a wealth of resources for the event

RSE Guidance	Everything you need to know
Teacher Confidence	How to respond to awkward questions
LGBTQ+	Making your RSE inclusive
Pornography	Lesson plan for pornography
Body Image	Promoting healthy body image
Faith School	Case study
Online Resilience	Effective online safety resource
SEND	How to teach RSE to ASD learners

Optimus Education offers a wealth of expertise to support your whole-school improvement. From non-curricular awards, timely and informative conferences, packaged and bespoke consultancy, to in-house training and membership, Optimus is your one-stop-shop for your school or academy.

Head to [oego.co/RSE2019](https://oego.co/RSE2019) to find out more.

**Send two delegates from the same school to this event and get £100 off the second delegate**

## SPEAKERS



**Alice Hoyle**  
RSE Expert, DO... (Chair)

Alice Hoyle has an MSc in sexual health education and works freelance as an advisory teacher of relationships and sex education (RSE). A qualified teacher, she now also works as an LGBT youth worker and youth voice co-ordinator. Alice works for DO... RSE for schools, and is an elected member of the Sex Education Forum Advisory group and was made a life member of the PSHE Association in 2014.



**Sophie Allen**  
Headteacher, Stonebridge Primary School

Sophie has a passion for safeguarding and has been a safeguarding lead for more than 15 years, a role which she has not relinquished even as a head. She has developed a broad safeguarding team to ensure all aspects of safeguarding are met within a complex and challenging context. As a specialist centre for safeguarding, Stonebridge Primary School offers a range of courses throughout the year and also organises additional events on safeguarding issues for Brent schools through the Brent Schools Partnership.



**Sidonie Bertrand-Shelton**  
Head of Education Programmes, Stonewall

Sidonie is head of education programmes at Stonewall UK. Stonewall is the leading Lesbian, Gay, Bi and Trans (LGBT) equality charity, working with more than 1,300 primary and secondary schools across the UK. Delivering training to equip teachers with the skills to tackle homophobic, biphobic and transphobic bullying and language, creating supportive resources for schools and Bronze, Silver and Gold awards to benchmark best practice.



**Claire Boyd**  
Head of Prep School, Sydenham High School

Claire was head of lower school at Ravenscourt Park Preparatory School in Chiswick before joining the Girls' Day School Trust as head of prep school at Sydenham High School in 2014. In September 2019 Claire will take up the post of head of junior school at Wimbledon High School GDST.



**Kay Joel**  
Senior Consultant (Education), NSPCC Consultancy Service

Kay has been a senior consultant for safeguarding in education at NSPCC for seven years with more than 20 years' experience working in primary and special education. She works directly with the education sector carrying out safeguarding reviews. Within the NSPCC, Kay has developed the Education Self-Assessment Tool, a free, online tool for schools to audit their safeguarding provision which is now used by more than 7,000 schools.



**Ben Morgan**  
Vice Principal, Burton Borough High School

Ben is vice principal at Burton Borough High School, overseeing the safety, welfare and behaviour of students. Burton Borough has just become the first school in the West Midlands to receive the Carnegie Centre of Mental Health Gold standard and the first school in the country to be recognised by Public Health England for its outstanding culture in this area.



**Roary Pownall HMI**  
National Lead for PSHE and Citizenship, Ofsted

Roary Pownall is one of Her Majesty's Inspectors working directly for Ofsted. Roary joined Ofsted after a career in teaching across the full age-range of the primary years and has primary headship experience. His most recent school won numerous awards and was judged to be Outstanding in all areas at the last two Ofsted inspections.



**Victoria Pugh**  
Lecturer, University of Worcester

Prior to joining the University of Worcester, Victoria spent 15 years working in primary schools both in the UK and abroad and has had experience teaching all year groups ranging from Nursery to Year 10. During her career in primary education, she has been part of a number of management teams in various roles and has spent the majority of her career as both PSHE coordinator and SENCo across the primary and secondary age phase.

09:00 – 09:45	Registration and refreshments		
09:45 – 10:00	<b>Chair's Introduction and Welcome:</b> <i>Alice Hoyle, Relationships and Sex Education Expert, DO...</i>		
10:00 – 10:30	<b>Ofsted</b> <b>Hear the latest Ofsted guidance to help you drive improvement in the teaching of RSE</b> <i>Roary Pownall HMI, National Lead for PSHE and Citizenship, Ofsted</i>		
10:30 – 11:00	<b>Teacher Confidence</b> <b>Help otherwise hesitant teachers grow their confidence in delivering engaging and effective RSE lessons:</b> <ul style="list-style-type: none"> <li>• support NQTs and other staff who are new to the subject</li> <li>• ensure they know how to appropriately approach sensitive and personal topics</li> </ul> <i>Alice Hoyle, Relationships and Sex Education Expert, DO...</i>		
11:00 – 11:10	Questions and answers		
11:10 – 11:40	Morning refreshments		
11:40 – 12:30	Interactive Workshops 1		
	<b>1A: Curriculum - Primary</b> Establish a curriculum that introduces your students to relationship education in an age-appropriate way <i>Victoria Pugh, Lecturer, University of Worcester</i>	<b>1B: Curriculum - Secondary</b> How to timetable and create an RSE curriculum that will enhance and enable understanding of important topics and prepare students for life <i>Ben Morgan, Vice Principal, Burton Borough High School</i>	<b>1C: RSE and Safeguarding</b> Keep safeguarding at the core of RSE lessons and ensure students are effectively safeguarded <i>Kay Joel, Senior Consultant (Education), NSPCC</i>
			<b>1D: Pornography</b> Educate your students on the realities of pornography and encourage healthy peer interactions that develop wholesome relationships <i>Rachel Edmunds, English Teacher, St James Schools</i>
12:30 – 13:30	Lunch		
13:30 – 14:00	<b>LGBTQ+</b> Help your school become an inclusive and safe environment through wider-school community engagement that champions LGBTQ+ equality, creating avenues for LGBTQ+ students to express themselves freely <i>Sidonie Bertrand-Shelton, Head of Education Programmes, Stonewall</i>		
14:00 – 14:30	<b>Parental Engagement</b> Parental engagement strategies that will ensure reluctant parents and carers are on board with the teaching of RSE in your school, understanding what will be taught to their children		
14:30 – 14:40	Questions and answers		
14:40 – 15:30	Interactive Workshops 2		
	<b>2A: Relationships</b> Bedrock your RSE lessons with novel and innovative ideas on social relationships <i>Andrew Moffatt, Assistant Headteacher, Parkfield Community School</i>	<b>2B: Faith Schools</b> Find the balance between effective teaching of RSE that does not compromise your schools' morals and beliefs	<b>2C: Gender Identity</b> Understand the needs of your trans students that ensure they have guidance and help in expressing their gender identity <i>Louise Pope, Head of PSRE, Chew Valley School</i>
			<b>2D: Online Resilience</b> Build your students confidence and online resilience so that they are shielded from the pressures of the online world <i>Victoria Pugh, Lecturer, University of Worcester</i>
15:30 – 15:50	Afternoon refreshments		
15:50 – 16:40	Streamed Sessions 3		
	<b>3A: FGM</b> Spot the signs a student may be at risk and sensitively broach the topic of FGM <i>Sophie Allen, Headteacher, Stonebridge Primary School</i>	<b>3B: SEND</b> How to communicate sensitive issues to your most vulnerable learners, making sure they are knowledgeable and protected from potential RSE dangers	<b>3C: Sexting</b> How to mitigate the ramifications of sexting so a student's dignity is protected at all times <i>Jonny Hunt, Consultant, Going off the Rails</i>
			<b>3D: Body Image</b> Learn new strategies to help students see past the factors and influences on body image, and improve their self-esteem <i>Claire Boyd, Head of Prep School, Sydenham High School</i>
16:40	Conference close		

## Easy Ways to Register

1. Book online and receive instant confirmation:  
[oego.co/RSE2019](http://oego.co/RSE2019)
  2. Email: [conference.bookings@optimus-education.com](mailto:conference.bookings@optimus-education.com)
  3. Questions: call us on 020 8315 1506
- Please see [oego.co/TandCs](http://oego.co/TandCs) for our subscriptions, cancellations and refund policy

## Pricing

Prices	Book before 07/09/18	Book after 07/09/18
Primary	£269 + VAT	£299 + VAT
Secondary	£349 + VAT	£379 + VAT
Las	£399 + VAT	£429 + VAT
Others	£429 + VAT	£459 + VAT
Premium Plus	This event may be part of your subscription. For further details, please contact your account manager.	

If you do not fit into one of the above categories, please contact us on 020 8315 1506 or email [oe.conferences@optimus-education.com](mailto:oe.conferences@optimus-education.com).

# 4 steps to delivering statutory RSE

1

**Before**  
the day

Create your account at [oego.co/RSE19\\_Resources](http://oego.co/RSE19_Resources) and gain access to pre-event reading and resources

PLUS

- Read our guide on the latest DfE guidance
- Gain tips on responding to awkward and embarrassing questions

2

**During**  
the day

Use the event platform to iron out any queries

PLUS

- Choose specialist workshops that centre on your needs
- Mix with fellow delegates and network with peers

3

**After**  
the day

Log in to [oego.co/RSE19\\_Resources](http://oego.co/RSE19_Resources) and access a plethora of resources including our guide on delivering an inclusive curriculum

4

**Share**  
across your school

Use two units of the sexual exploitation and grooming training\*

Start accessing these resources today by creating a free delegate account on [oego.co/Delegate](http://oego.co/Delegate)

As part of your membership with Optimus Education you may be entitled to attend this conference for free. Please contact your account manager for details or email [customer.services@optimus-education.com](mailto:customer.services@optimus-education.com)

\*Access to download and deliver training modules for Premium Plus members only – get in touch to find out more about the benefits of becoming an Optimus Premium Plus member