

 #oeSafeguarding

# Safeguarding Teenagers in Schools and Colleges

New ways to build resilience, protect from online risks, and support mental health for 14-19 year olds

[oego.co/SafeguardingTeenagers](http://oego.co/SafeguardingTeenagers)

Expert speakers include:

**Bradley Busch**

Director, InnerDrive

**Gill Sommers**

Safeguarding Consultant

**Craig Pinkney**

Criminologist & Urban Youth Specialist



## KEY BENEFITS

**SOCIAL MEDIA**

Keep up-to-date with online risks and behavioural trends

**BUILDING RESILIENCE**

Develop strategies for persistence and coping

**MENTAL HEALTH**

Support students struggling with anxiety & depression

In partnership with:

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REAL INTELLIGENCE  
REAL PROTECTION

# Safeguarding Teenagers in Schools and Colleges

New ways to build resilience, protect from online risks, and support mental health for 14-19 year olds

Young people are *“ill-equipped to deal with the onslaught of social media... exposing them to significant emotional risk”*

THE GUARDIAN, JAN 2018

Safeguarding teenagers in a world where social media plays an almost constant role in their daily routine is a crucial challenge for secondary schools and FE colleges in the UK.

Negative effects of such prevalent social media use has meant that young peoples' happiness is at its lowest since 2010 (The Good Childhood Report 2017). Battles with poor mental health, lack of coping strategies and risks such as CSE and drug use are just a few examples of the challenges teenagers face if not effectively supported.

**How can schools and colleges ensure they are supporting teenagers at every stage, and providing thorough safeguarding against common risks?**

This event will provide practical strategies and up-to-date legal guidance on how to ensure your young people are supported and protected both on and offline.

#### What can I expect?

- **Resilience:** practical strategies for building resilience, persistence and coping mechanisms.
- **Social Media:** understand the latest behavioural trends and how to monitor use.
- **Sexting:** legal guidance on the implications of sexting and peer-on-peer abuse.
- **Mental Health:** guidance on how to promote positive mental health and talk openly with students.
- **Educating Teenagers:** know how to educate students about dangers such as CSE, gangs, drugs & alcohol and self-harm.

#### Who should attend?

- DSLs and DCOs
- PHSE Teachers
- Pastoral Managers
- Safeguarding Practitioners
- Social Workers
- Assistant Headteachers/Principals
- Headteachers/Principals

Optimus Education offers a wealth of expertise to support your whole-school improvement. From non-curricular awards, timely and informative conferences, packaged and bespoke consultancy, to in-house training and membership, Optimus is your one-stop-shop for your school or academy.

Head to [oego.co/SafeguardingCPD](http://oego.co/SafeguardingCPD) to find out more.

## Speakers



### Ella Savell-Boss

**Safeguarding Manager,  
Shireland Collegiate Academy**

For the past decade, Ella has worked in the ever changing and complex field of safeguarding and is currently the Safeguarding Manager at Shireland Collegiate Academy in the West Midlands. She is also founding Director of Aspirational, Bespoke, Creative Training Ltd whereas of 2014 they have offered bespoke training courses relating to all aspects of safeguarding work, and staff development.



### Dai Durbridge

**Partner, Browne Jacobson LLP**

Dai specialises in advising schools and academies on all pastoral education issues, including admissions, exclusions, parental complaints, use of force and searching pupils. A recognised safeguarding expert, he regularly supports schools on complex safeguarding issues including handling disclosures of abuse, managing allegations against staff and parental consent.



### Mark Donkersley

**Managing Director, eSafe**

eSafe is a unique service designed to help education leaders meet their statutory safeguarding duties, including those defined by the Prevent duty and the Department for Education (Keeping Children Safe in Education). Mark often provides briefings on safety in the digital environment to HM Government, as well as State and Federal government in Australia, because of the unique insight eSafe has into the behaviour and health of young people in the UK.



### Gill Sommers

**Safeguarding Consultant**

As well as being a former Police Officer, Gill has held numerous leadership and management roles in FE and has been the senior lead for safeguarding across numerous campuses. Gill's area of expertise focuses on Personal Development, Behaviour and Welfare. In 2017, Gill's College was judged to be Outstanding in ALL areas and was later awarded TES 'FE College of the Year'.



### Bradley Busch

**Director, InnerDrive**

Bradley Busch is an HCPC registered and BPS Chartered Psychologist. His company, InnerDrive, has worked with over 200 schools – helping staff and students improve their mindset, resilience and performance under pressure. Outside of education, he consults with elite athletes that include Premiership Footballers and athletes who medalled at the London 2012 and Rio 2016 Paralympic Games.



### Craig Pinkney

**Criminologist & Urban Youth Specialist**

Craig Pinkney is a Criminologist, Urban Youth Specialist and Lecturer in the School of Education, Health and Community at University College Birmingham. He is an experienced Youth Worker with over 14 year's experience as an Outreach Worker, Transformational Speaker, Gang Exit Strategist, Mediator, Mentor and Filmmaker. He is the UK Lead for the EUGANGS Project.

“Optimus is the only provider of CPD conferences that I will recommend to our staff”,  
DEPUTY HEAD, KIRKHAM GRAMMAR SCHOOL

09:00 – 09:45	Registration and refreshments	
09:45 – 10:00	<b>Chair's Introduction and welcome</b> What are the challenges of safeguarding 14-19 year olds in schools and colleges in 2018? <i>Ella Savell-Boss, Safeguarding Manager, Shireland Collegiate Academy</i>	
10:00 – 10:30 <b>Resilience</b>	<b>Developing resilience</b> How to develop resilience: understanding the inner working of the teenage brain and how to develop effective strategies for persistence and coping <i>Bradley Busch, InnerDrive</i>	
10:30 – 11:00 <b>Social Media</b>	<b>Following behaviour trends</b> Keeping up with the latest behaviour trends in the digital environment to ensure the early detection of safeguarding risks <i>Mark Donkersley, Managing Director, eSafe</i>	
11:00 – 11:10	Question and answers	
11:10 – 11:40	Morning refreshments	
11:40 – 12:30	<b>Streamed Sessions 1</b>	
11:40 – 12:30	<b>1A: Mental Health in 14-16 year olds</b>  Understand how to support secondary school students struggling with societal pressures and exam stress, and how to cultivate a positive and destigmatised approach to mental health	<b>1B: Sexting &amp; Peer-on-Peer abuse</b>  Understand the legal implications of sexting and how to effectively educate young people about the risks of inappropriate image sharing <i>Dai Durbridge, Partner, Browne Jacobson LLP</i>
		<b>1C: Supporting 16+ Learners</b>  Develop strategies to support 16+ learners with the transition from school to college/work and learn how to ensure continued support provision for those who may fall in the 'void' <i>Gill Sommers, Safeguarding Consultant</i>
12:30 – 13:30	Lunch	
13:30 – 14:00 <b>CSE</b>	<b>Identifying and supporting victims of CSE</b> Gain legal clarity around child sexual exploitation, ensure a strong culture of reporting and support and understand how to identify young people at risk	
14:00 – 14:30 <b>Self-harm</b>	<b>Talking about self-harm and eating disorders</b> Understand the warning signs of self-harm, when to involve parents and how to handle both 'copycat' and serious cases	
14:30 – 14:40	Question and answers	
14:40 – 15:20	<b>Streamed Sessions 2</b>	
14:40 – 15:20	<b>2A: Mental Health in 16+ year olds</b>  Understand how to support older students struggling with societal pressures and exam stress, and how to cultivate a positive and destigmatised approach to mental health	<b>2B: Safeguarding Case Study</b>  Creating a highly effective process for monitoring the digital environment to successfully detect the early signs of safeguarding risk and proactively shape the student welfare agenda
		<b>2C: Gangs</b>  Gain new insight to gang culture and understand how to inform students of the risks and warning signs of grooming <i>Craig Pinkney, Criminologist &amp; Urban Youth Specialist</i>
15:20 – 15:40	Afternoon refreshments	
15:40 – 16:30	<b>Streamed Sessions 3</b>	
15:40 – 16:30	<b>3A: Staff Confidence</b>  Understand concerns/reluctance of staff about dealing with disclosures and sensitive safeguarding issues, and develop strategies to ensure all staff are trained and confident in their approach <i>Gill Sommers, Safeguarding Consultant</i>	<b>3B: Drugs &amp; Alcohol</b>  Learn how to inform young people effectively about the risks of substance abuse and ensure staff are up-to-date with current challenges
		<b>3C: Families</b>  Understand when and how to speak with parents about student safety, how to deal with complex and evasive families and supporting situations affecting learners <i>Maxine Thomas, Designated Safeguarding Lead, Pembrokeshire College</i>
16:30	Conference close	

# Safeguarding Teenagers in Schools and Colleges

One Day National Conference - 6 June 2018, Birmingham

## Easy Ways to Register...

1. Book online and receive instant confirmation  
[oego.co/SafeguardingTeenagers](http://oego.co/SafeguardingTeenagers)
2. Email:  
[conference.bookings@optimus-education.com](mailto:conference.bookings@optimus-education.com)
3. Questions?  
Call us on 0845 450 6404

## Pricing

Prices	Book before 07/05/18	Book after 07/05/18
Secondary	£349 + VAT	£379 + VAT
Colleges	£349 + VAT	£379 + VAT
LAs	£399 + VAT	£429 + VAT
Lawyers & Advisers	£429 + VAT	£479 + VAT
Other	£429 + VAT	£479 + VAT
Premium Plus Member	This event may be included in your package. For further information contact your Account Manager or email <a href="mailto:customer.services@optimus-education.com">customer.services@optimus-education.com</a>	

If you do not fit into one of the above categories, please contact us on 0845 450 6404 or email [oe.conferences@optimus-education.com](mailto:oe.conferences@optimus-education.com)

## 4 steps to safeguarding teenagers across your school

1

**Before**  
the day

Create your account at [oego.co/Delegate](http://oego.co/Delegate) and read about why safeguarding issues facing older children can sometimes be neglected

**PLUS**

- Read our advice for staff on identifying and responding to CSE and CCE
- Gain strategies for tackling allegations of peer-on-peer abuse
- Take a look at how staff can help teenagers with eating disorders

2

**During**  
the day

Have your burning questions answered by our experts and outstanding practitioners

**PLUS**

- Discuss challenges with peers and build up a network of support
- Select targeted workshops to suit your specific need

3

**After**  
the day

Log in at [oego.co/SafeteensResources](http://oego.co/SafeteensResources) to access key resources from the day

**PLUS**

- Download the speaker presentations and share these with colleagues
- Take away guidance on supporting students through the transition to work or FE

4

**Share**  
across your school

Use units from our Safeguarding Whole-School Update course to enhance your practice

**PLUS**

- How to take action timely and appropriately when issues are disclosed
- How to manage high profile serious case reviews

Start accessing these resources today by creating a free delegate account on [oego.co/Delegate](http://oego.co/Delegate)