

16TH ANNUAL
**PE, HEALTH &
SCHOOL SPORT**
CONFERENCE & EXHIBITION



**TAKE AWAY NEW IDEAS TO ENGAGE
STUDENTS AND SUPPORT HEALTHY, ACTIVE
LIFESTYLES ACROSS YOUR SCHOOL**

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“
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relevant – a great chance
to get up-to-date info on
curriculum and courses*”

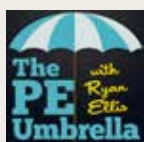
Head of PE, Rednock School

18th November 2016
London

 **@PE_SchoolSport #oePE16**

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STUDENTS AND SUPPORT HEALTHY, ACTIVE
LIFESTYLES ACROSS YOUR SCHOOL

*Just 21% of boys and 16% of girls aged
5 to 15 achieve the recommended
levels of daily physical activity**

The physical health of children and young people is in jeopardy.

With a new GCSE and A Level syllabus, inadequate curriculum time and limited staff understanding of the wider benefits of PE, your role in delivering this crucial subject has become increasingly challenging.

Gain ideas, skills and strategies to drive positive change across your PE department and ensure physical activity, PE and pupil health become a whole-school priority.

Key focuses on the day include:

- ✓ **The future of PE:** How your PE department can be part of the solution to improve physical health and emotional wellbeing
- ✓ **PE prioritised:** Transform PE into a whole-school priority and demonstrate the wider benefits of outstanding PE and school sport
- ✓ **Engagement ideas:** Successfully build student enthusiasm and increase participation in PE lessons without breaking the budget
- ✓ **Healthy schools:** Innovative ideas to support active lifestyles and improve wellbeing as part of PE across your whole school
- ✓ **Resilience:** How to turn failures into positives, build confidence and resilience and instil growth mindsets

*British Heart Foundation, 'Physical Activity Statistics 2015'

New this year...

ENGAGEMENT IDEAS RESOURCE PACK!

**Send us your top 3 'quick-win' strategies
for PE engagement ahead of the
conference and leave with a pack containing
up to 500 easy-to-implement ideas!**

What did last year's delegates think?

*"Some really motivational information
which will focus my department
in heading forward in this year of
curriculum change"*

ASSISTANT HEAD OF PE, SIR JOHN LAWES SCHOOL

*"Very professional and
informative"*

HEAD OF PE, NORTHAMPTON SCHOOL FOR BOYS

*"A conference that has inspired me
to think about my own practice and
adapt and develop the way that I
teach"*

HEAD OF PE, QUEEN MARY'S HIGH SCHOOL

"Excellent, full of information!"

PE TEACHER, ANTON JUNIOR SCHOOL

*"The day was informative and
inspirational. There have been some
excellent ideas from other schools
which I will take with me to improve
learning at my own school"*

HEAD OF PE, IFIELD SCHOOL

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PROGRAMME: Tailor your experience and choose sessions from any stream!
Mix and match for the perfect training day.

09:00 – 09:40	Registration & Refreshments		
09:40 – 09:50 Chair's introduction	Chair's introduction and welcome: Develop a whole school culture which actively promotes, supports and encourages a healthy lifestyle for all children and young people		
09:50 – 10:15 The future of PE	What does the future hold for PE and school sport and how to ensure your practice is consistent with the latest government policies <ul style="list-style-type: none"> Clarify the impact of the Government's childhood obesity strategy and your role in supporting this Understand the application criteria for the increased primary school and sport premium and the allowance for secondary schools to extend their school day Learn how your PE department can be part of the solution to improve physical health and emotional wellbeing <i>Sue Wilkinson, Strategic Lead and Director of the Professional Support Unit, afPE</i>		
10:15 – 10:40 PE prioritised	Proven steps you can take to transform PE into a whole school priority <ul style="list-style-type: none"> Ensure all colleagues, including your SLT, appreciate the wider benefits of PE Understand the impact healthy, happy students can have on academic success Change your school culture and develop a holistic approach to PE across your school <i>Shaun Dowling, Head of Sport, United Learning</i>		
10:40 – 11:25	INTERACTIVE WORKSHOPS 1		
1A: CURRICULUM DIVERSITY		1B: ASSESSMENT STRATEGIES PRIMARY	1C: BUILDING RESILIENCE
Using models-based practice to diversify your curriculum: Understand inclusive and effective learning experiences that promote learning in physical, cognitive, social and affective domains <i>This practical session will focus on the key principles of pedagogical models to support an inclusive and effective approach to curriculum delivery</i> <i>Dr Vicky Goodyear, Lecturer in Physical Education and Sport Pedagogy, University of Birmingham & Leigh Churchward, Curriculum Leader PE, Buckingham School</i>		Innovative assessment strategies in line with the latest PE curriculum to ensure pupil progress is accurately measured and supported throughout KS1 and KS2 <i>Greg Dryer, Director, Centre for Physical Education and Youth Sport, Kingston University</i>	<i>"I just can't do PE!"</i> Learn how you can build confidence and resilience in your students, instil growth mindsets and turn failures into positives <i>Bradley Busch, Inner Drive</i>
			Resilience in practice
			Put your strategies for building resilience to the test and discuss different approaches to take when supporting typically challenging student groups
11:25 – 11:55	Morning Refreshments: Take part in our PE huddle!		
11:55 – 12:40	INTERACTIVE WORKSHOPS 2		
2A: HEALTHY SCHOOLS		2B: ASSESSMENT STRATEGIES SECONDARY	2C: TIME MANAGEMENT
Easy-to-implement ideas and techniques to support wellbeing and health across your whole school: Help support healthy, active minds and successfully implement wellbeing into PE <i>Plus, take away additional resources to help boost pupil wellbeing</i> <i>Graham Mallen and Carl Brown, PE Teachers and Wellbeing Coordinators, Manor School Sports College</i>		Innovative assessment and marking strategies in line with the latest PE curriculum to ensure student progress is accurately measured and supported throughout KS3 and KS4 <i>Rachel Houghton-Moody, Subject Lead for PE & School Sport, The Education Village Academy Trust</i>	Time management top tips: Lessons, planning, tutor time, parents communication, coaching, marking, fixtures – steps you can take to manage your never-ending list of responsibilities PE positivity through good time management
			Discuss your take-away action points from this session, avoid feeling deflated by your workload and share your own time management strategies with colleagues

12:40 – 13:05 Inspirational address		The psychology of winning: Motivating your students, developing talent and inspiring children to achieve their potential and become the sporting stars of tomorrow Margaret Alphonsi MBE , England Rugby World Cup Winner and Athlete Mentor, Youth Sport Trust	
13:05 – 14:05	Lunch: Network with peers and hear from even more great speakers at our PE huddle!		
14:05 – 14:35 Engaging students in PE	9 easy engagement ideas and games to build enthusiasm, teach a range of skills and increase participation in PE lessons without breaking the budget <i>Hear 3 new ideas from 3 different schools that you can try in your next lesson</i> Rachel Houghton-Moody , Subject Lead for PE & School Sport, The Education Village Academy Trust		
14:35 – 14:50 Idea sharing: Engagement	Have you got plenty of your own ideas? Share them and support your colleagues Now's your chance to hear from your peers and share resources, strategies and ideas that work for you to engage and motivate your students <i>Send us your top 3 'quick-win' strategies for PE engagement ahead of the conference and leave with a pack containing up to 500 ideas!</i>		
14:50 – 15:35	INTERACTIVE WORKSHOPS 3		
3A: PRACTICAL PE IN THE CLASSROOM		3B: GCSE MASTERCLASS	3C: TECHNOLOGY IN PE
<i>Inadequate PE facilities? Hall always in use?</i> Take part in our practical PE in the classroom workshop and gain ideas to deliver engaging PE lessons with limited space <i>Be prepared for a practical, hands-on workshop!</i>		<i>What have we learnt so far under the new GCSE syllabus?</i> How to manage the shift to 60% theory, adapt your teaching to a new cohort of students and gain strategies to deliver more challenging content to GCSE students Kirk Bizley , Course Leader Secondary PGCE PE, Bath Spa University	Game-changing technological solutions to transform the delivery of PE in your school: the best apps and tools for video analysis, replays, communication, assessment and health tracking all at your fingertips Dylan Blain , Coleg Cymraeg Cenedlaethol Lecturer in Physical Education, The University of Wales, Trinity St David Testing technology <i>Now it's your turn!</i> Gain hands-on experience and understand how technology can be used as a pedagogical tool in PE
15:35 – 15:55	Afternoon refreshments		
15:55 – 16:40	INTERACTIVE WORKSHOPS 4		
4A: PARENTS AND LOCAL COMMUNITIES		4B: PHYSICAL ACTIVITY	4C: PRIMARY SCHOOL STAFF TRAINING
Build links with parents and your local community to offer a wider range of activities: Ensure the value of PE is understood and successfully develop a healthy culture outside school		Gain a raft of new ideas to complement your current PE curriculum: Embed additional physical activity within the school day, help tackle obesity and encourage an active lifestyle in school	Effective training techniques and available resources to provide primary staff with the confidence to deliver engaging PE lessons and ensure their enthusiasm for PE is infectious Ryan Ellis , PE teacher and adviser, Sporting Influence and Founder of The PE Umbrella Podcast & David Moss , Founder, Sporting Influence Ltd
16:40	Conference Close		



Speakers Include

Margaret Alphonsi MBE

England Rugby World Cup Winner and Athlete Mentor,
Youth Sport Trust

Maggie was a crucial member of the team that won the 2014 Rugby World Cup for the first time in 20 years and was part of the team that was crowned the BBC's Sports Personality Team of the Year. Maggie has obtained an MSc and BSc in Sports & Exercise at Roehampton University and De Montfort University respectively. Maggie is also an ambassador for a number of charities close to her heart and has successfully balanced her international rugby career with a full time job at the Youth Sport Trust, overseeing more than 80 ChangingLIVES Athlete Mentors.



Ryan Ellis

PE teacher and adviser
at Sporting Influence
and Founder of The PE
Umbrella Podcast



Ryan believes that there is no more important subject across the entire national curriculum than PE for developing a well-rounded child. Now a PE advisor/teacher with Sporting Influence, Ryan is determined to make a difference in the delivery and quality of PE within primary schools. Ryan is also the founder and host of The PE Umbrella podcast and blog, sharing knowledge, experience and resources on a weekly basis.

Graham Mallen

PE Teacher and Wellbeing
Coordinator, Manor School
Sports College



Graham is now in his 10th year as a teacher and his experiences have included being a Pastoral Head of House and Assistant Head of Sixth Form. In addition to the UK he has also worked in the USA and UAE (Abu Dhabi) and is currently studying for his PhD in Psychology. Manor School Sports College is one of the leading sports colleges in the country. They have recently won the Youth Sport Trust Outstanding School Award for Sport due to their wellbeing programme being developed within PE.

Sue Wilkinson

Strategic Lead and Director
of the Professional Support
Unit, afPE



Sue was formerly secondary trained in Human Movement Studies, teaching in secondary schools and completing outreach work in local schools. Having overseen several national strategies for PE and school sport, and becoming a technical adviser to the TDA, Sue became the afPE Strategic Lead in 2011.

Kirk Bizley

Course Leader Secondary
PGCE PE, Bath Spa
University



Kirk Bizley is currently Senior Lecturer and Course Leader for the PGCE Physical Education course and a Personal Tutor on the Primary & Early Years course at Bath Spa University. For twenty-six years he was the Chief Examiner for AQA for the GCSE Physical Education examinations which commenced in 1988 and he wrote the specification specific textbook which accompanies it.

Shaun Dowling

Head of Sport,
United Learning



Shaun is Head of Sport at United Learning, a national group of over 55 state academies and independent schools. Shaun's role is to support schools in improving the quality of their PE and school sport and how they use the power of sport to raise standards across the school. Shaun sits on the Board of Trustees for Sports Leaders UK and is finishing his Level 7 Executive Coaching and Mentoring qualification with the Institute of Leadership and Management.

Dr Vicky Goodyear

Lecturer in Physical Education
and Sport Pedagogy,
University of Birmingham



Dr Vicky Goodyear is a previous physical education teacher and school sports coordinator. She is now a Lecturer at the University of Birmingham researching into curriculum innovation and sustainable curriculum renewal among other topics. Vicky's work surrounding the curriculum, social media, and professional learning has won national and international awards and she frequently discusses and supports teachers in developing their practice through her bi-weekly VLOGS.

Rachel Houghton-Moody

Subject Lead for PE &
School Sport, The Education
Village Academy Trust



Rachel completed her undergraduate degree in Physical Education at Leeds Carnegie and now works in a cross phase (3-19), inclusive school in north east England. A teacher for 13 years, Rachel is interested in creative and innovative teaching practices and holds a master's degrees in teaching & learning. Rachel regularly presents her ideas at Teachmeets across the north of England and is a keen member of the PE interactive community.

Greg Dryer

Director, Centre for Physical
Education and Youth Sport,
Kingston University



Greg is a critical physical education 'pracademic' – a hybrid of academic and practitioner. Before higher education, Greg was Head of PE in three large inner London Schools and is now a member of the Youth Sport Trust's National Faculty for whom he delivers various CPD courses for primary school teachers and coaches.

Bradley Busch

Director, Inner Drive



Bradley Busch is the director of InnerDrive. InnerDrive run workshops that help students develop a successful mindset and perform under pressure. This is based on their work with elite athletes, that include Premiership footballers and GB athletes – some of whom won medals at London 2012.

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