

# Delivering Statutory Relationships and Sex Education

Ensure your school is prepared and staff are confident in delivering age-appropriate RSE

[oego.co/RSE2018](http://oego.co/RSE2018)

 #oeRSE

Expert speakers include:

**Dr Christian Jessen**

Television Presenter and Writer

**Professor Jonathan Glazzard**

Professor of Teacher Education, Carnegie School of Education

**Leah Jewett**

Co-founder, Outspoken Sex Ed for Parents

**Gillian Leno**

PSHE Lead, Queen Alexandra College/SENSRE

## KEY BENEFITS

### STATUTORY GUIDANCE

Understand the new government guidance

### CURRICULUM

Build an age-appropriate curriculum

### WHOLE-SCHOOL APPROACH

Create and embed a whole-school approach to RSE

# Delivering Statutory Relationships and Sex Education

“Just 29% of teachers say schools will be ready for statutory sex education”

TES, FEBRUARY 2018

**A recent survey conducted by the NEU teaching union revealed the worrying number of teachers who believe their school will not be ready to teach statutory relationships and sex education in 2019.**

- Are you confident your school will be ready for statutory RSE?
- Do you know how to build an age appropriate curriculum?
- Are your teachers confident in leading engaging RSE lessons?

Our **Delivering Statutory Relationships and Sex Education** conference will provide you with the expert guidance and innovative resources you need to be ready for statutory relationships and sex education.

## Why attend this event in 2018?

- **Statutory Guidance:** understand the latest guidance and what you must now teach in schools.
- **Parents:** know how to engage all parents to ensure pupils get access to this crucial area of education.
- **Curriculum:** how to build your relationships education curriculum in a primary school and relationships and sex education curriculum in a secondary school.

## Who should attend?

- Heads of PSHE
- PSHE Coordinators
- Assistant Headteachers
- Deputy Headteachers
- Heads of Year
- Teachers

Optimus Education offers a wealth of expertise to support your whole-school improvement. From noncurricular awards, timely and informative conferences, packaged and bespoke consultancy, to in-house training and membership, Optimus is your one-stop-shop for your school or academy.

Head to [oego.co/RSE2018](http://oego.co/RSE2018) to find out more.

## Speakers



### Dr Christian Jessen

**Television Presenter and Writer**

Dr Christian Jessen is a popular health campaigner who combines his medical career with a successful media career. He works closely with various charities (including Battersea Dogs & Cats Home, Terrence Higgins Trust and Ditch the Label) to help raise awareness and make health accessible to everyone. Dr Christian is well-known for presenting 'Dr Christian Will See You Now' along with the multi award-winning 'Embarrassing Bodies', 'Supersize V Superskinny' and documentaries 'Undercover Doctor: Cure Me I'm Gay' and 'How the Rich Live Longer'. He writes regular medical columns and is the author of 'Dr Christian's Guide to Growing Up', 'Dr Christian's Guide to the Tricky Stuff', 'Dr Christian's Guide to You', 'Can I Just Ask?' and 'Supersize vs Superskinny'.

*Courtesy of Ask the Doctor magazine, photography by Terry Bendon.*



### Professor Jonathan Glazzard

**Professor of Teacher Education, Carnegie School of Education**

Professor Jonathan Glazzard is a teacher educator in the Carnegie School of Education. He has established a Centre for LGBTQ Inclusion in Education, which supports schools in developing high quality provision for children and young people who identify as LGBTQ.



### Rebecca Jennings

**Sex and Relationship Education Consultant, RAISE**

Author of 'Sex & Relationship Education in Primary Schools', Rebecca has worked in the field of sex & relationship education for over 14 years. Previously working as the RSE lead alongside the NHS, Rebecca now works as a freelance SRE teacher and trainer through her company RAISE (Raising Awareness in Sex Education).



### Leah Jewett

**Co-founder, Outspoken Sex Ed for Parents**

Leah is Outspoken Sex Ed for Parents co-founder and Working Group Lead on relationships and sex education at the Women's Equality Party. A writer and former Guardian/Observer editor, she is a trained and experienced parent RSE facilitator.



### John Rees

**Education Consultant**

John is passionately committed to improving the achievement and life chances of children and young people, through the professional development of individuals and organisations. An independent consultant since 2006, John works with primary, secondary and special schools to improve leadership; teaching and learning; behaviour management; Governance and parental engagement, across the UK and overseas.



### Jan Lever

**Creator and Director, Jan Lever Education Consultancy and Training Group**

Over 36 years' professional experience in education and psychotherapy are brought together in Jan's 'Jigsaw' programmes for children and families. Her writing, training and consultancy is underpinned by mindfulness as she works passionately in the UK and internationally to nurture mental health and relationships, enabling effective learning.



### Gillian Leno

**PSHE Lead, Queen Alexandra College/SENSRE**

Gill is an experienced RSE teacher, mentor and trainer, working directly with students as well as supporting other professionals with their curriculum and policy. Gill is a TEDx speaker, a Supported Loving member, and facilitates Scope's 'Ask a PSHE Expert' forum.



09:00 – 09:45	Registration and refreshments		
09:45 – 10:00	<b>Chair's Introduction and Welcome</b>		
10:00 – 11:00	<b>The impact of high quality RSE on a child's future and the important role schools play</b> • Plus an extended opportunity to ask your questions directly <i>Dr Christian Jessen, Television Presenter and Writer</i>		
11:00 – 11:30	<b>Relationships and Sex Education guidance:</b> understand the latest guidance on your statutory obligations, clarify the changes and what you must now implement to be compliant <b>Statutory Guidance</b>		
11:30 – 12:00	Morning refreshments		
12:00 – 12:50	<b>Streamed Sessions 1</b>		
<b>1A: Curriculum - Primary</b>	<b>1B: LGBTQ+</b>	<b>1C: Grooming</b>	
Design and implement an effective, age-appropriate relationships education curriculum which helps keep children safe, meets government guidance and enhances learning <i>Jan Lever, Creator and Director, Jan Lever Education Consultancy and Training Group</i>	Understand how to lead inclusive RSE, meet the needs of everyone and support all LGBTQ+ pupils <i>Professor Jonathan Glazzard, Professor of Teacher Education, Carnegie School of Education</i>	Learn how to educate students on the risks and early warning signs of online grooming and ensure they can keep themselves safe <i>Gain access to your guide on identifying and responding to CSE</i>	
12:50 – 13:50	Lunch		
13:50 – 14:20	<b>Create and embed a whole-school approach to RSE:</b> know how to lead effective staff training and engage and motivate teachers to ensure confidence in leading RSE lessons <b>Whole-School Approach</b> <i>John Rees, Education Consultant</i>		
14:20 – 14:30	Questions and answers		
14:30 – 15:20	<b>Streamed Sessions 2</b>		
<b>2A: Curriculum - Secondary</b>	<b>2B: Puberty - Primary</b>	<b>2C: Media</b>	
How to build your relationships and sex education curriculum in secondary schools following the latest guidance and ensure students understand healthy adult relationships	Know how to lead engaging puberty sessions and talk age-appropriately to children about their bodies and growing up <i>Plus, read our guide on how to respond to awkward and embarrassing questions</i> <i>Rebecca Jennings, Sex &amp; Relationship Education Consultant, RAISE</i>	Proven ways to lead discussions with students about the media, challenge their misconceptions of the 'perfect' body and promote a healthy approach to body image <i>Mark Jennett, Education Consultant</i>	
15:20 – 15:40	Afternoon refreshments		
15:40 – 16:30	<b>Streamed Sessions 3</b>		
<b>3A: Parents</b>	<b>3B: Pornography</b>	<b>3C: Special School RSE</b>	
Gain new and effective ways to engage parents, ensure they understand the need for RSE and students get the same healthy messages at home <i>Take away a template letter to explain your school's PSHE curriculum to parents</i> <i>Leah Jewett, Co-founder &amp; Yoan Reen, Co-founder, Outspoken Sex Ed for Parents</i>	Know how to talk to young people at all ages about pornography, clarify what they are exposed to online and develop their understanding of a healthy relationship <i>Rebecca Jennings, Sex &amp; Relationship Education Consultant, RAISE</i>	Know how to implement high-quality age appropriate RSE and overcome the unique challenges to delivering RSE in a special school setting <i>Gillian Lena, PSHE Lead, Queen Alexandra College/SENSRE</i>	
16:30	Conference close		

# Delivering Statutory Relationships and Sex Education

Ibis Hotel, Earls Court - London, 16 OCTOBER 2018

## Easy Ways to Register...

1. Book online and receive instant confirmation:  
[oego.co/RSE2018](http://oego.co/RSE2018)
2. Email:  
[conference.bookings@optimus-education.com](mailto:conference.bookings@optimus-education.com)
3. Questions:  
call us on 0845 450 6404

## Pricing

Prices	Book before 07/09/18	Book after 07/09/18
Primary	£269 + VAT	£299 + VAT
Secondary	£349 + VAT	£379 + VAT
Las	£399 + VAT	£429 + VAT
Others	£429 + VAT	£459 + VAT
Premium Plus	This event may be part of your subscription. For further details, please contact your account manager.	

If you do not fit into one of the above categories, please contact us on 0845 450 6404 or email [oe.conferences@optimus-education.com](mailto:oe.conferences@optimus-education.com).

## 4 steps to delivering age-appropriate RSE

1

**Before**  
the day

Create your account at [oego.co/RSEResources](http://oego.co/RSEResources) and gain access to pre-event reading and resources

**PLUS**

- Gain access to our template letter to explain your school's PSHE curriculum to parents
- Read our guide on how to respond to awkward and embarrassing questions

2

**During**  
the day

Have your burning questions answered by our experts and outstanding practitioners

**PLUS**

- Discuss challenges with peers and build up a network of support
- Select targeted workshops to suit your specific need

3

**After**  
the day

Log in at [oego.co/RSEResources](http://oego.co/RSEResources) and access the post-event resources

**PLUS**

- Download the speaker presentations and share these with colleagues
- Gain access to your guide on identifying and responding to CSE

4

**Share**  
across your school

Use 2 units of the Sexual Exploitation and Grooming training\*

Start accessing these resources today by creating a free delegate account on [oego.co/RSEResources](http://oego.co/RSEResources)

\*Access for Premium Plus members only