

 #oeRSE

Delivering Statutory Relationships and Sex Education

Ensure your whole-school community is engaged in the teaching and learning of statutory RSE

oego.co/RSE2019

Receive a £100 discount

on any other delegate that you bring along from the same school

Expert speakers include:

Sophie Allen

Headteacher, Stonebridge Primary School

Sidonie Bertrand-Shelton

Head of Education Programmes, Stonewall

Alice Hoyle

Relationships and Sex Education Expert, DO...

Roary Pownall HMI

National Lead for PSHE and Citizenship, Ofsted

KEY BENEFITS

PARENTAL ENGAGEMENT

Engage parents to support RSE

TEACHER CONFIDENCE

Build confidence in teaching RSE

LGBTQ+

Ensure school-wide LGBTQ+ equality

Supported by:

NSPCC

Delivering Statutory Relationships and Sex Education

'These subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others,' wellbeing and attainment.'

DEPARTMENT OF EDUCATION, FEBRUARY 2019

From 2020 sex, relationships and health education will be mandatory for all secondary schools. While the latter two topics will have to be included in all primary school curriculums. By teaching a well-rounded RSE curriculum in your school, you will be supporting the positive and healthy development of your students.

Regardless of your school's age-range or faith, this conference's agenda will allow you to effectively incorporate RSE into your curriculum, that overall supports learning and benefits the whole-school community.

Why attend this event in 2019?

- **Parental engagement:** outside-the-box ideas to ensure your parents and carers at your school are engaged and supportive of the teaching of RSE in your school.
- **Teacher confidence:** prepare and support hesitant staff on how to deliver lessons and speak confidently about sensitive issues.
- **Curriculum:** curriculum design and planning sessions that regardless of school age-range or faith, does not encroach on your beliefs.

Who should attend?

- Heads of PSHE
- Deputy Headteachers
- Headteachers
- School Nurses
- Counsellors

Access a wealth of resources for the event

RSE Guidance	Everything you need to know
Teacher Confidence	How to respond to awkward questions
LGBTQ+	Making your RSE inclusive
Pornography	Lesson plan for pornography
Body Image	Promoting healthy body image
Faith School	Case study
Online Resilience	Effective online safety resource
SEND	How to teach RSE to ASD learners

Optimus Education offers a wealth of expertise to support your whole-school improvement. From non-curricular awards, timely and informative conferences, packaged and bespoke consultancy, to in-house training and membership, Optimus is your one-stop-shop for your school or academy.

Head to oego.co/RSE2019 to find out more.

Send two delegates from the same school to this event and get £100 off the second delegate

SPEAKERS



Alice Hoyle
RSE Expert, DO... (Chair)

Alice Hoyle has an MSc in sexual health education and works freelance as an advisory teacher of relationships and sex education (RSE). A qualified teacher, she now also works as an LGBT youth worker and youth voice co-ordinator. Alice works for DO... RSE for schools, and is an elected member of the Sex Education Forum Advisory group and was made a life member of the PSHE Association in 2014.



Sophie Allen
Headteacher, Stonebridge Primary School

Sophie has a passion for safeguarding and has been a safeguarding lead for more than 15 years, a role which she has not relinquished even as a head. She has developed a broad safeguarding team to ensure all aspects of safeguarding are met within a complex and challenging context. As a specialist centre for safeguarding, Stonebridge Primary School offers a range of courses throughout the year and also organises additional events on safeguarding issues for Brent schools through the Brent Schools Partnership.



Sidonie Bertrand-Shelton
Head of Education Programmes, Stonewall

Sidonie is head of education programmes at Stonewall UK. Stonewall is the leading Lesbian, Gay, Bi and Trans (LGBT) equality charity, working with more than 1,300 primary and secondary schools across the UK. Delivering training to equip teachers with the skills to tackle homophobic, biphobic and transphobic bullying and language, creating supportive resources for schools and Bronze, Silver and Gold awards to benchmark best practice.



Claire Boyd
Head of Prep School, Sydenham High School

Claire was head of lower school at Ravenscourt Park Preparatory School in Chiswick before joining the Girls' Day School Trust as head of prep school at Sydenham High School in 2014. In September 2019 Claire will take up the post of head of junior school at Wimbledon High School GDST.



Kay Joel
Senior Consultant (Education), NSPCC Consultancy Service

Kay has been a senior consultant for safeguarding in education at NSPCC for seven years with more than 20 years' experience working in primary and special education. She works directly with the education sector carrying out safeguarding reviews. Within the NSPCC, Kay has developed the Education Self-Assessment Tool, a free, online tool for schools to audit their safeguarding provision which is now used by more than 7,000 schools.



Ben Morgan
Vice Principal, Burton Borough High School

Ben is vice principal at Burton Borough School, overseeing the safety, welfare and behaviour of students. Burton Borough has just become the first school in the West Midlands to receive the Carnegie Centre of Mental Health Gold standard and the first school in the country to be recognised by Public Health England for its outstanding culture in this area.



Roary Pownall HMI
National Lead for PSHE and Citizenship, Ofsted

Roary Pownall is one of Her Majesty's Inspectors working directly for Ofsted. Roary joined Ofsted after a career in teaching across the full age-range of the primary years and has primary headship experience. His most recent school won numerous awards and was judged to be Outstanding in all areas at the last two Ofsted inspections.



Victoria Pugh
Lecturer, University of Worcester

Prior to joining the University of Worcester, Victoria spent 15 years working in primary schools both in the UK and abroad and has had experience teaching all year groups ranging from Nursery to Year 10. During her career in primary education, she has been part of a number of management teams in various roles and has spent the majority of her career as both PSHE coordinator and SENCo across the primary and secondary age phase.

09:00 – 09:45 Registration and refreshments

09:45 – 10:00 **Chair's Introduction and Welcome:**
Alice Hoyle, Relationships and Sex Education Expert, DO...

10:00 – 10:30 **Ofsted**
Hear the latest Ofsted guidance to help you drive improvement in the teaching of RSE
Roary Pownall HMI, National Lead for PSHE and Citizenship, Ofsted

10:30 – 11:00 **Teacher Confidence**
Help otherwise hesitant teachers grow their confidence in delivering engaging and effective RSE lessons:

- support NQTs and other staff who are new to the subject
- ensure they know how to appropriately approach sensitive and personal topics

Alice Hoyle, Relationships and Sex Education Expert, DO...

11:00 – 11:10 Questions and answers

11:10 – 11:40 Morning refreshments

11:40 – 12:30 Interactive Workshops 1

1A: Curriculum - Primary

Establish a curriculum that introduces your students to relationship education in an age-appropriate way
Victoria Pugh, Lecturer, University of Worcester

1B: Curriculum - Secondary

How to timetable and create an RSE curriculum that will enhance and enable understanding of important topics and prepare students for life
Ben Morgan, Vice Principal, Burton Borough High School

1C: RSE and Safeguarding

Keep safeguarding at the core of RSE lessons and ensure students are effectively safeguarded
Kay Joel, Senior Consultant (Education), NSPCC

1D: Pornography

Educate your students on the realities of pornography and encourage healthy peer interactions that develop wholesome relationships
Rachel Edmunds, English Teacher, St James Schools

12:30 – 13:30 Lunch

13:30 – 14:00 **LGBTQ+**
Help your school become an inclusive and safe environment through wider-school community engagement that champions LGBTQ+ equality, creating avenues for LGBTQ+ students to express themselves freely
Sidonie Bertrand-Shelton, Head of Education Programmes, Stonewall

14:00 – 14:30 **Parental Engagement**
Parental engagement strategies that will ensure reluctant parents and carers are on board with the teaching of RSE in your school, understanding what will be taught to their children

14:30 – 14:40 Questions and answers

14:40 – 15:30 Interactive Workshops 2

2A: Relationships

Bedrock your RSE lessons with novel and innovative ideas on social relationships
Andrew Moffatt, Assistant Headteacher, Parkfield Community School

2B: Faith Schools

Find the balance between effective teaching of RSE that does not compromise your schools' morals and beliefs

2C: Gender Identity

Understand the needs of your trans students that ensure they have guidance and help in expressing their gender identity
Louise Pope, Head of PSRE, Chew Valley School

2D: Online Resilience

Build your students confidence and online resilience so that they are shielded from the pressures of the online world
Victoria Pugh, Lecturer, University of Worcester

15:30 – 15:50 Afternoon refreshments

15:50 – 16:40 Streamed Sessions 3

3A: FGM

Spot the signs a student may be at risk and sensitively broach the topic of FGM
Sophie Allen, Headteacher, Stonebridge Primary School

3B: SEND

How to communicate sensitive issues to your most vulnerable learners, making sure they are knowledgeable and protected from potential RSE dangers

3C: Sexting

How to mitigate the ramifications of sexting so a student's dignity is protected at all times
Jonny Hunt, Consultant, Going off the Rails

3D: Body Image

Learn new strategies to help students see past the factors and influences on body image, and improve their self-esteem
Claire Boyd, Head of Prep School, Sydenham High School

16:40 Conference close

Easy Ways to Register

1. Book online and receive instant confirmation:
oego.co/RSE2019
 2. Email: conference.bookings@optimus-education.com
 3. Questions: call us on 020 8315 1506
- Please see oego.co/TandCs for our subscriptions, cancellations and refund policy

Pricing

Prices	Book before 07/09/18	Book after 07/09/18
Primary	£269 + VAT	£299 + VAT
Secondary	£349 + VAT	£379 + VAT
Las	£399 + VAT	£429 + VAT
Others	£429 + VAT	£459 + VAT
Premium Plus	This event may be part of your subscription. For further details, please contact your account manager.	

If you do not fit into one of the above categories, please contact us on 020 8315 1506 or email oe.conferences@optimus-education.com.

4 steps to delivering statutory RSE

1

Before
the day

Create your account at oego.co/RSE19_Resources and gain access to pre-event reading and resources

PLUS

- Read our guide on the latest DfE guidance
- Gain tips on responding to awkward and embarrassing questions

2

During
the day

Use the event platform to iron out any queries

PLUS

- Choose specialist workshops that centre on your needs
- Mix with fellow delegates and network with peers

3

After
the day

Log in to oego.co/RSE19_Resources and access a plethora of resources including our guide on delivering an inclusive curriculum

4

Share
across your school

Use two units of the sexual exploitation and grooming training*

Start accessing these resources today by creating a free delegate account on oego.co/Delegate

As part of your membership with Optimus Education you may be entitled to attend this conference for free. Please contact your account manager for details or email customer.services@optimus-education.com

*Access to download and deliver training modules for Premium Plus members only – get in touch to find out more about the benefits of becoming an Optimus Premium Plus member