

# Supporting Wellbeing & Progress in the Early Years

Clarify new expectations and create an environment that supports the individual needs of each child

oego.co/EYFS



## **KEY BENEFITS**

## WELLBEING

Support young children's wellbeing

## **OFSTED**

Clarify Ofsted's early years expectations

## **PARENTS**

Work with parents to support progress

# Supporting Wellbeing & Progress in the Early Years

'Some children arrive at an early years settings with poorer experiences than others, in their learning and play. What a setting does, through its curriculum and interactions with practitioners, potentially makes all the difference for children', Early years inspection handbook: draft for consultation, January 2019

As you know, the steps children make during the early years are imperative to their progress throughout their time at school. Therefore, it's vital that your early years provision can effectively support the progress of all your children.

Optimus Education's Supporting Wellbeing & Progress in the Early Years conference is your opportunity to gain practical strategies and guidance to ensure all children are in the best possible position to transition happily and successfully to year one.

### Why attend this event?

- **Ofsted:** gain clarity on the new education inspection framework and what Ofsted will look for in the early years.
- **Wellbeing:** promote positive health and wellbeing and learn preventative measures to support all children.
- Speech & Language: learn proven methods to support the development of speech and language to ensure good progress from their starting points.
- **Transitions:** know how to create a smooth transition from preschool to reception and from reception to year one.

#### Who should attend?

- Heads of Early Years
- Foundation Stage Leaders & EYFS Co-ordinators
- Headteachers
- Deputy and Assistant Headteachers
- Heads of Reception
- Reception Teachers
- Nursery Teachers
- Early Years Teachers

"It's these crucial early years that make the most impact on a child's future path."

NADHIM ZAHAWI MP CHILDREN AND FAMILIES MINISTER (FEBRUARY 2019)

# Optimus Education offers a wealth of expertise to support your whole-school improvement.

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Head to oego.co/EYFS to find out more.

## This year's speakers include...



#### Sonia Mainstone-Cotton

#### Early Years Participation Trainer and Consultant

Sonia is a freelance trainer, consultant and nurture consultant with 30 years experience of working with children. She works as a freelance nurture consultant for a small charity in Bath, supporting 4 year olds in school who have social, emotional and mental health difficulties. Sonia is the author of several books including: Promoting Young Children's Emotional Health and Wellbeing: Promoting Emotional Wellbeing in Early Years Staff; Listening to Young Children in Early Years Settings.



Neil Farmer Independent Early Years Adviser

Neil is an independent educational consultant supporting schools and setting development across London, the Midlands and the South East. He is also improvement advisor to a number of schools and early years settings in the Middle East.



Jeremy Hannay

Headteacher, Three Bridges Primary School

Jeremy has worked in both Canada and England as an educator and is passionate about creating the conditions under which teachers and pupils flourish. He believes passionately in growing schools that are characterised by cultures of trust, agency, collaboration and happiness.



Katie Jones Founder, Wellbeing in Schools

Wellbeing in Schools was born out of a desire to help every child learn practical techniques to both recognise and manage big emotions. The organisation's mission is to inspire and support schools to embed wellbeing into the heart of the curriculum.



Sue Keenan
Speech and Language Therapist, Pendle Education Trust

Sue graduated from Leeds Metropolitan University in 2013 with a degree in Speech and Language. Since qualifying, Sue has been a school-based speech and language therapist, currently working in primary schools in the Pendle Education Trust. In 2017 Pendle Primary Academy won the Shine a Light Award for their excellent speech and language provision throughout the school.



Matt Robinson
Training and Development Officer, Learning through
Landscapes

A qualified teacher, Matt has led Learning through landscapes training for the last six years. He is passionate about engaging children with nature and adventure. Author of a number of early years courses and resources, Matt is also involved in a number of ERASMUS programmes, including the Take Me Out project with early years partners across Europe.



Sally Russell Education Director, Wellbeing in Schools

Our mission is to inspire and support schools to embed wellbeing into the heart of the curriculum. Wellbeing in Schools was born out of a desire to help every child learn practical techniques to both recognise and manage big emotions.

# Programme

09:00 - 09:45	Registration and refreshments				
09:45 - 10:00	Chair's introduction and welcome				
10:00 – 10:40 Wellbeing	Supporting young children's wellbeing: create an environment that promotes positive health and wellbeing in your early years setting Sonia Mainstone-Cotton, Early Years Participation Trainer & Consultant				
10:40 – 11:10 Ofsted	Ofsted early years expectations for 2019/20: Gain clarity on the new education inspection framework and know what Ofsted will look for when inspecting early years  Neil Farmer, Independent Early Years Adviser				
11:10 - 11:20	Questions				
11:20 - 11:50	Morning refreshments				
11:50 - 12:40	Streamed Sessions 1				
with their mental practical tools to	ve measures to support all children I health and provide each child with manage their emotions order & Sally Russell, Education Director,	1B: EAL  Know how to create an inclusive environment for EAL children, encourage home language and work with parents to ensure the right support is in place for their child  Plus, read our key principles for harnessing and developing language proficiency	1C: Preparing for Year One - Reception  Know how to create a smooth transition from reception to year one and ensure the individual needs of each child are supported  Neil Farmer, Independent Early Years Adviser		
12:40 - 13:40	Lunch				
13:40 – 14:10 Parents	Work effectively with parents to support their child's progress:  • gain new ways to involve parents in the school/pre-school/nurseries  • enable parents to help support learning at home  • develop efficient home-school communication				
14:10 - 14:20	Questions				
14:20 - 15:10	Streamed Sessions 2				
2A: Play-based Learning Understand the role of the adult in child-led play and how to recognise and assess the quality of this play Neil Farmer, Independent Early Years Adviser		2B: Environment  Gain new ideas to make the most of outdoor space and develop the environment to support the learning needs of the children  Access our guide on developing core motor skills in the early years  Matt Robinson, Training and Development Officer, Learning through Landscapes	2C: Maths – Reception  Learn new and creative ways to teach maths in reception and support their progress toward the early learning goals  Plus, download our resources for inspiring young mathematicians		
15:10 - 15:30	15:10 – 15:30 Afternoon refreshments				
15:30 – 16:20 Streamed Sessions 3					
3A: Staff Wellbeing  Hear new strategies to reduce stress and improve wellbeing to help support the mental health of early years staff  Jeremy Hannay, Headteacher & Dean Lynch, EYFS/Y1  Leader, Three Bridges Primary School		<b>3B: Transition</b> Work effectively between pre-schools and reception to improve communication and create a smooth transition where children settle quickly	3C: Speech & Language - Reception  Gain the latest strategies to develop speech and language in reception and help boost children's vocabulary  Sue Keenan, Speech and Language Therapist, Pendle Education Trust		

16:20 Conference close

 $<sup>{}^{\</sup>star}\mathsf{Please}\ \mathsf{note}\ \mathsf{that}\ \mathsf{the}\ \mathsf{programme}\ \mathsf{is}\ \mathsf{subject}\ \mathsf{to}\ \mathsf{change}.\ \mathsf{See}\ \mathsf{the}\ \mathsf{conference}\ \mathsf{website}\ \mathsf{for}\ \mathsf{an}\ \mathsf{up-to-date}\ \mathsf{version}$ 

## Supporting Wellbeing & Progress in the Early Years

One Day National Conference, 5 June 2019, London

## **Easy Ways to Register**

- Book online and receive instant confirmation: oego.co/EYFS
- 2. Email: conference.bookings@optimus-education.com
- 3. Questions: call us on 0845 450 6404

Please see oego.co/TandCs for our subscriptions, cancellations and refund policy

## **Pricing**

Prices	Book before 28/04/19	Book after 28/04/19
Early Years Provider	£269 + VAT	£299 + VAT
Other	£349 + VAT	£379 + VAT
Premium Plus	You could attend this event as part of your Premi- um Plus package. For further information please contact your Account Manager.	

If you do not fit into one of the above categories, please contact us on 0845 450 6404 or email oe.conferences@optimus-education.com





# Before

Create your account at oego.co/EYFSResources and gain access to pre-event reading and resources

#### **PLUS**

- · Read our key principles for harnessing and developing language proficiency
- · Gain access to our guide on developing core motor skills in the early years

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the day

Have your burning questions answered by our experts and outstanding practitioners

#### **PLUS**

- Discuss challenges with peers and build up a network of support
- · Select targeted workshops to suit your specific need

# 3 After

# After

Log in at oego.co/EYFSResources and access the post-event resources

#### PLUS

- · Download the speaker presentations and share these with colleagues
- · Access our resources for inspiring young mathematicians



Become an Optimus Premium Plus member and gain access to units in our EYFS Bite-size Training - each based on an area of the Early Years Foundation Stage framework

Start accessing these resources today by creating a free delegate account on oego.co/Delegate

As part of your membership with Optimus Education you may be entitled to attend this conference for free. Please contact your account manager for details or email customer.services@optimus-education.com

