

🔰 #oeRSE

Relationships & Sex Education

Develop staff confidence and gain innovative resources to deliver age-appropriate RSE

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Expert speakers include:

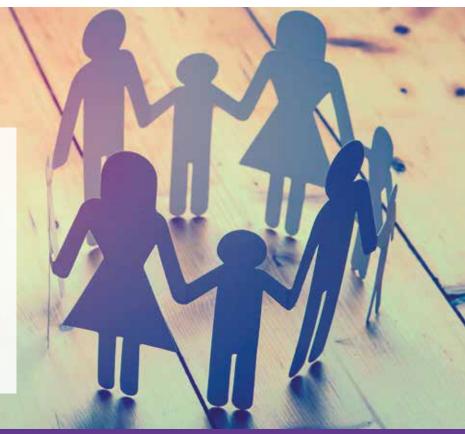
Lesley de Meza Consultant, Trainer and Writer

Melonie Syrett Assistant Headteacher, Goose Green Primary School

Rebecca Jennings Sex & Relationship Education Consultant, RAISE

Leanne Sutheran

PSHCE Co-ordinator, The Grammar School at Leeds



KEY BENEFITS

RELATIONSHIPS

Support your pupils' development of healthy relationships STAFF CONFIDENCE

Equip teachers with the skills and confidence to deliver RSE

RESOURCES

Take away new, fresh and up-to-date materials





In partnership with:



Diversity Role Models



Relationships & Sex Education

Develop staff confidence and gain innovative resources to deliver ageappropriate RSE

Relationship & sex education will soon be compulsory in all schools.

With the recent government announcement that relationships & sex education will be statutory in all schools, it's vital you and your staff are equipped to deliver this challenging and essential subject.

- Are you confident you can support your students' development of healthy relationships?
- Can you work with parents to challenge their misconceptions of RSE?
- Do you know what to teach and when to develop an ageappropriate RSE programme?

Our Relationships & Sex Education conference will provide you with the practical strategies, expert guidance and innovative resources you need to prepare for statutory RSE.

Why attend this event in 2017

- **Staff confidence:** Learn how to build staff confidence to ensure they deliver high-impact RSE in the classrooms
- **Curriculum:** Understand how to develop an ageappropriate RSE programme that builds throughout the child's education – primary and secondary sessions
- **Resources:** Gain access to a wealth of wraparound materials to provide further support back at school

Who should attend

- Heads of PSHE
- PSHE Coordinators
- Assistant Headteachers
- Deputy Headteachers
- Heads of Year
- Teachers

This year's speakers include...



Rebecca Jennings

Sex & Relationship Education Consultant, RAISE

Author of 'Sex & Relationship Education in Primary Schools', Rebecca has worked in the field of relationship & sex education for over 14 years. Previously working as the RSE lead alongside the NHS, Rebecca now works as a freelance RSE teacher and trainer through her company RAISE (Raising Awareness in Sex Education). She has extensive experience designing and delivering sessions around sex education, puberty, hygiene, relationships and birth to primary & secondary school pupils, young people, teaching staff, school governors and parents.



Leanne Sutheran

PSHCE Co-ordinator, The Grammar School at Leeds

Leanne has been teaching for 20 years. She is PSHCE coordinator for Y7 - Y13 at the Grammar School at Leeds, including leading sex and relationship education. She is also a CEOP ambassador.



Melonie Syrett

Assistant Headteacher, Goose Green Primary School

Melonie has been teaching, co-coordinating and consulting on PSHE since 2003. She became a chartered teacher of PSHE in 2012. She believes that all children deserve high quality provision in this area of life long learning.



Gemma Curtis

Head of Education, Diversity Role Models

Gemma has a background in youth work and has taught in Primary schools for just under a decade. As the Head of Education at Diversity Role Models, she is passionate about opening up honest discussions around LGBT issues in schools, empowering young people to challenge discrimination and giving them the tools to critically engage with the impact of their behaviour.



Stephen De Silva

Education Consultant

Stephen is an experienced teacher and former head of PSHE. He is now an independent consultant, with over 35 years' service in education and health sectors. He delivers PSHE and pastoral programmes for staff across the UK and with British schools in Europe and SE Asia.

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Lesley de Meza

Consultant, Trainer and Writer

Lesley has over 40 years' experience in education, health and media. She is known for her input to PSHE and has worked with a wide range of organisations including: NICE, DfE, DoH. She was Vice Chair of Trustees for a sexual health charity and is an Associate Trainer for the National Children's Bureau and Brook. She has recently produced a PSHE scheme of work covering Key Stages 1, 2, 3 & 4 for The Health Education Partnership.

Programme

18th October, London

09:00 - 09:45	Registration and refreshments			
09:45 - 10:00	Chair's introduction and welcome: With relationships & sex education becoming compulsory in September 2019, what does the future look like and how should we adapt our practice			
10:00 – 10:35 Staff Confidence	Building staff confidence to teach challenging topics: Engage and equip non-specialist teachers with the skills and confidence to deliver RSE in a way that resonates with your students			
10:35 – 11:05 Healthy Relationships	Can your students identify the signs of an unhealthy relationship? How to open up meaningful classroom conversations about relationships with your students Rebecca Jennings, Sex & Relationship Education Consultant, RAISE			
11:05 - 11:15	Questions			
11:15 - 11:45	Morning Refreshments			
11:45 - 12:35	Streamed Sessions 1			
1A: Pornography - Seco	ndary	1B: Online - Primary	1C: LGBT	
Methods to open discussions with your students about the unrealistic expectations in pornography to enable them to develop healthy relationships Take away a toolkit of activities for discussing pornography sensitively		Learn how to talk to pupils about social media and online "stranger danger" and how they keep themselves safe from grooming Plus, gain access to our online terminology factsheet Melonie Syrett, Assistant Headteacher, Goose Green Primary School	Understand the challenges facing LGBT students and how self-esteem and mental health can be affected. Gain practical ways to support them whilst leading inclusive RSE Take away a plan for challenging gender stereotypes in an inclusive RSE lesson Gemma Curtis, Head of Education, Diversity Role Models	
12:35 - 13:35	Lunch			
13:35 - 14:05 Parents	Work with and engage parents in RSE, challenge their misconceptions of what their children learn and ensure all pupils get access to this crucial area of education Stephen de Silva, Education Consultant – PSHE & Pastoral Care			
14:05 - 14:15	Questions			
14:15 - 15:05	Streamed Sessions 2			
2A: Curriculum – Prima	ry	2B: Curriculum – Secondary	2C: Consent	
Clear guidance on what you should be teaching and when you should teach it. Learn how to develop a RSE programme that builds and develops throughout primary education Take away a pack of age appropriate topics to cover in primary RSE lessons Lynwen Jones, Health Education Consultant		Clear guidance on what to teach and when you should teach it. Understand how to link your RSE teaching with the KS3 & KS4 curriculum Take away a pack of age appropriate topics to cover in secondary RSE lessons Lesley de Meza, Consultant, Trainer and Writer at Lesley de Meza Ltd	Practical resources and new methods to talk in an age appropriate way to students about consent and keeping themselves safe Plus, share our quiz to gauge students' understanding of consent Rebecca Jennings, Sex & Relationship Education Consultant, RAISE	
15:05 - 15:25	Afternoon Refreshments			
15:25 - 16:15	Streamed Sessions 3			
3A: Relationships - Primary		3B: Sexting - Secondary	3C: Faith schools	
How to embed relationships education early, talk to children about boundaries and their own bodies and ensure they're comfortable in all relationships Gain access to our teaching relationships in primary school case study Joanna Feast, Senior Associate Consultant and Regional Manager, Jigsaw		Understand the legal implications of sexting and learn how to work with your students to prevent sharing of indecent images Plus, gain access to our guide to understanding how the law applies, and how you can get the message across Leanne Sutheran, PSHCE Co-ordinator, The Grammar School at Leeds	Know how to implement and deliver high-quality age appropriate RSE without undermining your faith and the core values of your school Read our case study on a faith school that is teaching RSE well Stephen de Silva, Education Consultant – PSHE & Pastoral Care	

Relationships & Sex Education

ONE DAY NATIONAL CONFERENCE - 18th October 2017 - Ibis Hotel, Earls Court, London

How to register

- 1. Book online and receive instant confirmation www.oego.co/RSE
- 2. Email: jamie.maw@optimus-education.com
- 3. Questions: Call Jamie on 020 3325 0376

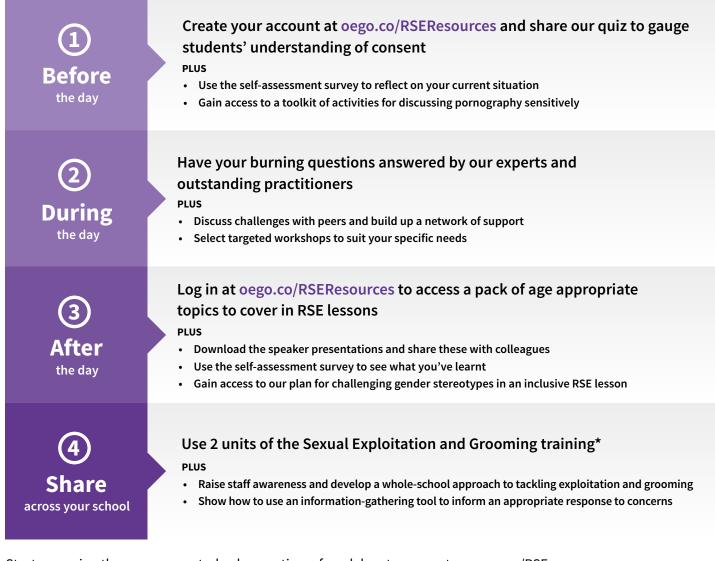
Please see

www.oego.co/TandCs for our subscriptions, cancellations and refund policy

Pricing

Prices	Book before 08/09/16	Book after 08/09/16
Primary	£269 + VAT	£299 + VAT
Secondary	£349 + VAT	£379 + VAT
LAs	£399 + VAT	£429 + VAT
Others	£429 + VAT	£459 + VAT
Unlimited CPD	Included in your Unlimited CPD membership fee	

4 steps to delivering age-appropriate RSE



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