

 #oeSRE

Relationships & Sex Education

New resources and practical guidance to deliver age-appropriate SRE

www.oeconferences.com/sre16



Expert speakers include:

Lesley de Meza

Independent Education Consultant

Ceri Seal

Designated Safeguard Lead,
Longleaze Primary School

Andrew Moffat

Assistant Headteacher,
Parkfield Community School

FREE

OPTIMUS UNLIMITED
CPD MEMBERS CAN
ATTEND THIS EVENT
FOR FREE!*

KEY BENEFITS

RESOURCES

Take away a toolkit of new, fresh and up-to-date lesson plans to use in the classroom

STAFF CONFIDENCE

Deliver high-impact staff training to support staff confidence

PORNOGRAPHY

Educate students on the impact porn can have on healthy relationships

Lead partner:



Supported by:



CitizenshipFoundation



Relationships & Sex Education conference

New resources and practical guidance to ensure all staff are confident in delivering age-appropriate SRE

Nearly 1 in 4 students rate SRE in their school as either 'bad' or 'very bad'*

The evidence is clear that **SRE in schools requires substantial improvement**. But despite this, the Education Secretary has rejected calls to make sex and relationship education compulsory.

- Do you know what age-appropriate SRE looks like?
- Is it relevant, impactful and resonating with students?
- Does it support the development of healthy relationships?

Our **Relationships & Sex Education conference** will provide you with practical strategies, expert guidance and the resources you need to support children and young people to develop safe and healthy relationships.

Why attend this event in 2016?

- **Healthy relationships:** Take away new resources to use when talking to primary and secondary students about what healthy relationships look like
- **Staff confidence:** Learn how to build staff confidence to ensure they deliver high-impact SRE in their classrooms
- **Targeted primary and secondary sessions:** Tailor your day, gain expert advice and leave confident you can lead SRE back at school

What else can you expect from the day?

- Take away a resource pack full of new ideas, guides and lesson plans to use back at school
- Access to leading SRE experts and opportunity to network and share best practice with peers
- Certificate of attendance and online access to speaker presentations to leading staff training back at school

*Sex Education Forum: Heads or Tails, January 2016

Unlimited CPD is Here!

Now you can attend all our conferences for one annual cost...as well as having full access to our Knowledge Centre and over 40 download-and-deliver professional training courses.*

optimus-education.com

This year's speakers include...



Lesley de Meza

Consultant, Trainer and Writer

Lesley has over 40 years' experience in education, health and media. She is known for her input to PSHE and has worked with a wide range of organisations including NICE, DfE and DoH. She was Vice Chair of Trustees for a sexual health charity and is an Associate Trainer for the National Children's Bureau and Brook. She has recently produced a PSHE scheme of work covering Key Stages 1, 2, 3 & 4 for The Health Education Partnership.



Ceri Seal

Designated Safe Guard Lead, Longleaze Primary School

Ceri Seal's roles as Pastoral Manager, PSHE Subject Lead, Child Protection Lead and Healthy Schools Coordinator at Longleaze Primary School, Royal Wootton Bassett allow her to pursue her passion for children's safety, health and well-being by combining working with individual children and developing the school's ethos in this area.



Claire Smith

Education Consultant

Clare is an independent education consultant, specialising in PSHE, SRE and wellbeing. She was a senior education adviser in South London and managed a tri-borough Healthy Schools Partnership for 11 years. Prior to this she worked in an inner London school for 12 years. She is now Director of 3Di Associates.



Andrew Moffat

Assistant Headteacher, Parkfield Community School

Andrew is Assistant Headteacher at a large inner city primary school in Birmingham. He is the author of "No Outsiders in our school: Teaching the Equality Act in Primary Schools" and is noted for work with faith communities on LGBT equality.



Donald Hawkey

Consultant, Former Head of PSHE

Donald was head of PSHE in a large coeducational boarding school. Over a number of years, he pushed for PSHE to be recognised as a subject that has earned its place in a crowded curriculum. Under his leadership, the team of specialist PSHE teachers ensure that it retains its dynamism and credibility with pupils, staff and parents.



Stephen De Silva

Education Consultant

Stephen is an experienced teacher and former head of PSHE, now an independent consultant, with over 35 years' service in education and health sectors. He delivers PSHE and pastoral programmes for staff across the UK and with British schools in Europe and SE Asia.



Kate Daniels

Consultant & Teacher at PSHEducation

Kate taught as a class teacher and PSHE Lead for over a decade. She now runs PSHEducation where she spends her time educating children, teenagers and their parents on how to deal with life in the modern world through her school sessions and writing.

09:00 – 09:45 Registration and refreshments

09:45 – 10:00 **Chair's Introduction & Welcome:** A commitment to an action plan for improving the standards of PSHE provision, what's next for PSHE and SRE in your school?

10:00 – 10:35
Pornography
The accessibility of pornography today and the impact on healthy relationships:
New approaches to talk to children and young people at different ages about porn and how to challenge their perceptions of what is normal
Kate Daniels, Consultant & Teacher at PSHEeducation

10:35 – 11:10
Staff Confidence
New ways to build and support staff confidence when delivering SRE:
Easy-to-implement staff training ideas to use in your school to ensure all staff are comfortable, equipped and confident to deliver high-impact SRE
Lesley de Meza, Consultant, Trainer and Writer at Lesley de Meza Ltd

11:10 – 11:20 Questions

11:20 – 11:50 Morning Refreshments

11:50 – 12:40 Streamed Sessions 1

1A: Pornography – Secondary

Talking to students about pornography: New ways to openly discuss with students how porn can create unrealistic expectations of sex, negative attitudes towards women and affect body image

Take away a toolkit of resources to share with staff for use with KS3 and KS4 students

Donald Hawkey, Consultant, Former Head of PSHE

1B: Healthy Relationships – Primary

Practical resources and conversation starters to use when talking to young children about boundaries and their bodies to support the development of healthy relationships

Leave with an additional resource to share with parents and support learning at home

1C: Consent – Secondary

Strategies to talk to your students about consent: Resources to use in the classroom to effectively educate students about the law, boundaries and how to keep themselves safe

Plus, take away our top conversation starter resources to use in the classroom when getting students to think about consent

Claire Smith, Education Consultant

12:40 – 13:40 **Lunch & Exhibition including our SRE Resource Zone!**
'Give & Gain Wall': Post what your school has found works and take away ideas from others!

13:40 – 14:15
Grooming
Educating students on the risks and early warning signs of grooming:
New techniques and strategies to talk to students about the risks of online relationships including exploitation and the dangers posed by radicalisation

14:15 – 14:20 Questions

14:20 – 15:10 Streamed Sessions 2

2A: Parents – Primary

A step-by-step guide to communicate, engage and educate parents on what SRE looks like in your primary school whilst being sensitive to cultural differences and beliefs

Take away a model SRE letter to share with parents and a customisable information leaflet

Ceri Seal, Designated Safe Guard Lead, Longleaze Primary School

2B: Healthy Relationships – Secondary

New ideas and scenarios to use in the classroom to develop your students' understanding of what healthy relationships look, sound and feel like and what to look out for in an unhealthy one

Plus, leave with a toolkit of ready-made lesson plans to share with staff for use with KS3 and KS4 students

Stephen de Silva, Education Consultant – PSHE & Pastoral Care

2C: LGBT

Learn how to discuss sexuality and diverse identity confidently in SRE: Understand the challenges your LGBT students face and ensure they are supported appropriately

Take away additional resources to share with your staff to support LGBT students

Andrew Moffat, Assistant Head Teacher, Parkfield Community School

15:10 – 15:30 Afternoon refreshments

15:30 – 16:20 Streamed Sessions 3

3A: Sexting – Secondary

Educating students about the dangers of sexting: Practical strategies to highlight the legal consequences and give your students the skills to manage the pressures to conform effectively

Leave with a clear guide on the law surrounding sending sexually explicit images to share with students

Kate Daniels, Consultant & Teacher at PSHEeducation

3B: Staff Confidence – Primary

Equip staff with clear guidelines and the confidence to set ground rules, take ownership of their SRE lessons and know how to manage embarrassing and challenging questions

Plus, take away resources to share with staff to help respond to tricky questions

3C: Sex and the media

Know how to confidently discuss how sex and the body are portrayed in the media with different age groups and help tackle the growing sexualisation of children

Plus, take away resources to use in the classroom to increase student engagement and participation

16:20 Conference Close

Relationships & Sex Education

New resources and practical guidance to ensure all staff are confident in delivering age-appropriate SRE

One Day National Conference
18th October 2016, London

4 Easy Ways to Register...

1. Book online and receive instant confirmation
www.oeconferences.com/sre16
2. Fax: 0845 450 6410 (UK bookings)
+4420 7265 4121 (Non-UK bookings)
3. Email: jamie.maw@optimus-education.com
4. Post: Relationships & Sex Education
Optimus Education, 2nd Floor
5 Thomas More Square
London E1W 1YW

To become
an Unlimited CPD
member please
contact
0845 450 6404

Pricing

Prices	Book before 27/05/16	Book after 27/05/16	Book after 08/09/16
Primary	£229 + VAT	£249 + VAT	£279 + VAT
Secondary	£269 + VAT	£289 + VAT	£319 + VAT
LAs	£309 + VAT	£329 + VAT	£359 + VAT
Others	£379 + VAT	£399 + VAT	£429 + VAT
Unlimited CPD Member*	(This event is part of your subscription)		

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Unlimited CPD members can purchase additional delegate places at a discount of 50% off the standard price.
All conference places are subject to availability and bookings are taken on a first come, first served basis.

Please register the following delegates (Please write in BLOCK CAPITALS)

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Job title:		
Email:	Twitter:	

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What happens now?

- 1 Fill in this booking form and post or fax it back to us
- 2 An invoice will be raised and sent to your organisation
- 3 You will receive joining instructions by email and post 3 weeks before the conference

Promotional code

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E: jamie.maw@optimus-education.com • T: 0207 265 4107 • F: 0845 450 6410